TOP 10 APPS TO HELP PARENTS MONITOR THEIR CHILDREN

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@Life360

Location and communication combine to keep your family connected, no matter how many miles divide you. And with features to promote safe driving, you can have peace of mind when your teens are on the road.

Key Features:

- Instantly see everyone in your private circle on the map
- Message everyone in your circle at the same time or 1:1
- Send quick check-ins to let other family members know you're safe
- Add "Places" to automate alerts when family members arrive at specified locations
- Crash detection, emergency response, and driving analysis

Cost: Free

Download:

- <u>iTunes App Store</u>
- Google Play Store



@OurPactApp

OurPact teaches responsible and safe digital citizenship through tools that enable parents to set time limits on smartphone use, create schedules, block apps and internet access, and even reward your teens with extra time when they deserve it. With OurPact, parents can finally balance the risks and rewards of mobile technology.

Key Features:

- Block social media access
- Create an agreement with your teens
- Block apps
- Schedule device use
- Manage chores, academic responsibilities, and more
- Coordinate the whole family's schedule with reminders

Cost: Free

Download:

- <u>iTunes App Store</u>
- Google Play Store



@FlexiSPYLtd

FlexiSPY is a more intrusive mobile and online monitoring app, but it's useful for some parents who have reason to be concerned about their teens

interactions online. With more than 150 features to give you insight into all your teens' activities on their devices, you can be sure they're not putting themselves in danger.

Key Features:

- Ambient recording
- Call recording and interception
- Monitor email, Facebook, Skype, and other popular messaging and social apps
- View notes, locations, calendar, browser and app activity
- Seee RemCam, photos, wallpapers and videos
- Compatible with Android and iOS devices

Cost:

- Premium: Plan: \$68/month, \$99/3 months, \$149/year
- Extreme: \$199/quarter, \$349/year

Download:

• Available with purchase (<u>full compatibility list</u>)



@Secure Teen

SecureTeen is a parental control and monitoring app designed specifically for parents of teenagers, with features that work to keep your teens safe from the dangers that lurk online – cyberstalking, cyberbullying, and more.

Key Features:

- Filter the web to eliminate pornography and other inappropriate content
- Application blocking
- Facebook and Instagram monitoring
- Web history logging
- Time management

- Text message logging
- Location tracking
- Remote device control

Cost: 1 year/ 3 Devices: \$39.99

Download:

- iOS
- Google Play Store



@K9WebProtection

A free internet filter and parental control software, K9 Web Protection helps parents control the content their kids can access online. If you're looking for a free and easy way to prevent your teen from viewing adult content, malicious websites, sites that promote violence, or other concerning content, K9 Web Protection is a useful tool.

Key Features:

- Block websites in more than 70 categories
- Force SafeSearch on all major search engines
- Configure custom lists to set allowable and prohibited content
- Override blocked pages with a password
- Easily generate reports to monitor your teens' online activity

Cost: Free

Download:

- <u>iTunes App Store</u>
- Google Play Store



In three simple steps, you can keep your teenagers safer on their mobile devices with ShieldMyTeen's internet filtering, application blocking, and other monitoring tools to restrict your child's access to only safe, approved content.

Key Features:

- Internet filtering
- Application blocking
- Pornography blocking
- Web history logging
- Remote management
- Location tracking
- SMS logging

Cost: \$29.99/year

Download:

Google Play Store



@TeenSafeCom

Chosen by more than one million parents to keep teens safe, TeenSafe is an app designed by parents, for parents that enables you to keep tabs on your teens' online behavior and physical location.

Key Features:

- See sent, received, and deleted SMS and chat messages
- View call logs of incoming and outgoing phone calls
- Get web browsing history

• Access to the current smartphone location on a map

Cost: Free

Download:

Available on sign-up



@getcurbi

Curbi is a monitoring app that enables parents to block content they deem inappropriate, set ground rules, and time limits. This app ensures your teens are spending the appropriate time studying or sleeping, rather than of on their smartphones. It also features other tools to make sure your teens are using their devices safely.

Key Features:

- Block specific apps or call a time-out for studying
- Filter out adult sites and other inappropriate websites
- Keep track of the sites your child visits

Cost:

- Free (up to 2 devices)
- Premium: \$3.99/month
- Internet Filter (iOS only): additional \$2.99 per month, per iOS device

Download:

- <u>iTunes App Store</u>
- Google Play Store



@PhoneSheriff

PhoneSheriff is an app for parents concerned about their teens' smartphone and tablet usage, with monitoring tools and blocking features to help keep them focused on safe media.

Key Features:

- Block phone numbers from calls and text messages
- Set custom time restrictions
- Block specific apps you deem inappropriate
- Monitor text messages
- Get custom activity alerts
- Real-time location tracking
- Lock commands
- Compatible with Android, iPhone, and iPad

Cost:

- \$49/6 months
- \$89/year

Download:

Available with purchase



@Qustodio

Protect, understand, and manage your child's online activity with Qustodio. With this parental control app, you can block pornography, monitor social networking activities, set usage time limits, and more.

Key Features:

- Block pornography, even in private browsing mode
- Monitor time spent on social media
- Set multi-device time limits
- Control time spent on games and apps
- Track SMS messages and calls
- Location tracking
- Panic button

Cost:

- Free (1 user, 1 device)
- Premium 5: \$49.95/year (5 users, 5 devices)
- *Premium 10: \$87.95/year (10 users, 10 devices)

Download:

- iOS
- Android