



The Fresh Fruit and Vegetable Program (FFVP) provides all children in participating schools with a variety of free fresh fruits and vegetables during the school day at times other than breakfast or lunch. It is an effective and creative way of introducing fresh fruits and vegetables as healthy snack options.

The goal of the FFVP is to improve children's overall diet and create healthier eating habits to impact their present and future health. The FFVP will help schools create healthier school environments by providing healthier food choices, expanding the variety of fruits and vegetables children experience, and increasing children's fruit and vegetable consumption.

The United States Department of Agriculture has a specific criteria to determine schools eligible for this federally funded program. The West Fargo Public Schools receiving the FFVP for 2016-2017 are:

- L.E. Berger Elementary
- Eastwood Elementary
- Independence Elementary
- Lodoen Kindergarten Center
- Osgood Kindergarten Center
- South Elementary
- Westside Elementary
- Cheney Middle School

Students in these schools receive a fruit or vegetable snack during their morning or afternoon break. Foods purchased for this program include apples, bananas, melons, oranges, pears, strawberries, carrots, cucumbers, sugar snap peas and other items as they are seasonally available.