

Grade 8 Health Proficiency Scale

	1 = Novice	2 = Partially Proficient	3 = Meeting Expectations	4 = Exceeding Expectations
Communication	Communicate about a health-related topic with help and support.	Communicate about a health-related topic to an audience by accessing and identify the validity of provided health information, products, or professional services.	Communicate about a health-related topic to various audiences by accessing and analyzing the validity of provided health information, products, and professional services. (3.8.1, 3.8.2, 3.8.3, 3.8.4, 8.8.1, 8.8.2, 8.8.3, 8.8.4)	Communicate effectively about a health-related topic to various audiences by accessing and analyzing the validity of multiple sources of health information, products, and professional services.
Health Concepts & Influences	Identify how a health behavior or influence affect mental, emotional, physical, or social health in adolescence with help and support.	Identify how different health behaviors and influences affect mental, emotional, physical, or social health in adolescence.	Describe how different health behaviors and influences affect mental, emotional, physical, and social health in adolescence. (1.8.1, 1.8.3, 1.8.4, 1.8.5, 1.8.6, 1.8.7, 1.8.8, 1.8.9, 1.8.11, 1.8.12, 2.8.3, 2.8.4, 2.8.5, 2.8.7, 1.8.10, 2.8.6, 2.8.7)	Analyze how different health behaviors and influences are interconnected when affecting mental, emotional, physical, and social health in adolescence.
Healthy Decision Making	Identify the steps of the decision-making process to make a health-related decision with help and support.	Describe the steps of the decision-making process to make a health-related decision.	Utilize the decision-making process to make a health-related decision. (5.8.2, 5.8.3, 5.8.4, 5.8.5, 5.8.6, 5.8.7)	Evaluate a variety of consequences of decision making in health behaviors for oneself and how they affect others.
Healthy Practices	Identify a health behavior to improve health with help and support.	Describe health behaviors to improve health where one can assume responsibility for oneself.	Analyze health behaviors to improve health where one can assume responsibility for oneself. (7.8.1, 7.8.2, 7.8.3)	Analyze and make a variety of connections between one's health behaviors and health risk.