

# Grade 2 PE & Health Proficiency Scale Trimester 1

	<b>Novice</b>	<b>Approaching</b>	<b>Proficient</b>	<b>Advanced</b>
<b>Health Concepts</b>	Identifies one way how germs spread or one thing to do in dangerous situations with structured support.	Identifies how germs are spread and what to do in dangerous situations.	Explains how germs are spread and what to do in dangerous situations. (1.2.1, 1.2.2, 5.2.1)	Not Assessed
<b>Demonstrate Health Skills</b>	Identifies how to properly use safety equipment or seek help with structured support.	Describes how to properly use safety equipment and seek help.	Demonstrates how to properly use safety equipment and seek help. (5.2.2, 6.2.2, 7.2.2)	Not Assessed
<b>Motor Skills and Movement Patterns</b>	Demonstrates with structured help and support some of the attributes of skills including using correct form when skipping and running, catching self-toss ball using hands only, throw overhand with correct footing, strike an object off a cone with long-handle implement.	With help and support, demonstrates basic elements of skills in isolation including using correct form when skipping and running, catching self-toss ball using hands only, throw overhand with correct footing, strike an object off a cone with long-handle implement.	Demonstrates multiple skills including using correct form when skipping and running, catching self-toss ball using hands only, throw overhand with correct footing, strike an object off a cone with long-handle implement. (S1, S2)	Demonstrates consistently correct form when leaping, catching a ball tossed from a partner, throwing overhand with correct footing and follow through, striking an object moving it forward with long implement using proper grip.
<b>Engagement</b>	Participates occasionally throughout the lesson. Student will be given 2 reminders before given a mark and receive 6 or more marks during the trimester.	With help and support, participates actively throughout the entire lesson. Student will be given 2 reminders before given a mark and receive 5 marks during the trimester.	Actively participates in warm-up, cool-down and skill-building activities; being resilient by making an effort to improve skills and knowledge to help achieve a health-enhancing level of physical activity and fitness. (S3, S5)	Shows initiative and provides a model for actively participating in warm-up, cool-down and skill-building activities; being resilient by making an effort to improve skills and knowledge to help achieve a health-enhancing level of physical activity and fitness.
<b>Responsibility</b>	With help and support, occasionally follows rules and procedures and is respectful towards others. Student will be given 2 reminders before given a mark and receive 6 or more marks during the trimester.	With help and support, respectful towards others by following agreed-upon rules and procedures, collaborating in activities, and accepting constructive feedback. Student will be given 2 reminders before given a mark and receive 5 marks or less during trimester.	Demonstrates respect for self and others by following agreed-upon rules and procedures, collaborating in activities, and accepting constructive feedback from others in a variety of physical activity contexts. (S4)	Shows initiative and provides a model for demonstrating respect for self and others by following agreed-upon rules and procedures, collaborating in activities, and accepting constructive feedback from others in a variety of physical activity contexts.

## Grade 2 PE & Health Proficiency Scale Trimester 2

	Novice	Approaching	Proficient	Advanced
<b>Health Concepts</b>	Identifies a behavior that affect health with help and support.	Identifies how behaviors affect one's health.	Describes how behaviors affect one's health. (1.2.1, 1.2.2, 5.2.1)	Not Assessed
<b>Demonstrate Health Skills</b>	Identifies healthy eating, sleeping, or exercise habits with structured support.	Describes healthy eating, sleeping, and exercise habits.	Demonstrates healthy eating, sleeping, and exercise habits. (5.2.2, 6.2.2, 7.2.2)	Not Assessed
<b>Motor Skills and Movement Patterns</b>	Demonstrates with structured help and support some of the attributes of skills including using jumping forward and up using arms, body extension, landing with bent knees, running up to a ball and kicking it forward, foot dribbling a ball with control, throw underhand with correct foot, follow through and release, dribbling with dominant hand and walking, hitting an object up repeatedly, repeatably striking an object upwards with short-handle implement, jumping in mature pattern repeatably with a jump rope, transferring weight from feet to different body parts, and performing a teacher design rhythmic activity.	With help and support, demonstrates basic elements in isolation or practice setting using jumping forward and up using arms, body extension, landing with bent knees, running up to a ball and kicking it forward, foot dribbling a ball with control, throw underhand with correct foot, follow through and release, dribbling with dominant hand and walking, hitting an object up repeatedly, repeatably striking an object upwards with short-handle implement, jumping in mature pattern repeatably with a jump rope, transferring weight from feet to different body parts, and performing a teacher design rhythmic activity.	Demonstrates in isolation or practice setting jumping forward and up using arms, body extension, landing with bent knees, running up to a ball and kicking it forward, foot dribbling a ball with control, throw underhand with correct foot, follow through and release, dribbling with dominant hand and walking, hitting an object up repeatedly, repeatably striking an object upwards with short-handle implement, jumping in mature pattern repeatably with a jump rope, transferring weight from feet to different body parts, and performing a teacher design rhythmic activity. (S1, S2)	Demonstrates consistently using correct form when jumping forward and up, running up to a ball and accurately kicking it in the air and on the ground, foot dribbling a ball with control while jogging, jogging and hand dribbling with control, hand volleying and hitting an object over a net or wall towards a target, striking with short implement an object over a net or against a wall, striking with long implement an object moving is forward with proper grip, and transferring weight from feet to hands.
<b>Engagement</b>	Participates occasionally throughout the lesson. Student will be given 2 reminders before given a mark and receive 6 or more marks during the trimester.	With help and support, participates actively throughout the entire lesson. Student will be given 2 reminders before given a mark and receive 5 marks during the trimester.	Actively participates in warm-up, cool-down and skill-building activities; being resilient by making an effort to improve skills and knowledge to help achieve a health-enhancing level of physical activity and fitness. (S3, S5)	Shows initiative and provides a model for actively participating in warm-up, cool-down and skill-building activities; being resilient by making an effort to improve skills and knowledge to help achieve a health-enhancing level of physical activity and fitness.

<b>Responsibility</b>	<p>With help and support, occasionally follows rules and procedures and is respectful towards others. Student will be given 2 reminders before given a mark and receive 6 or more marks during the trimester.</p>	<p>With help and support, respectful towards others by following agreed-upon rules and procedures, collaborating in activities, and accepting constructive feedback. Student will be given 2 reminders before given a mark and receive 5 marks or less during trimester.</p>	<p>Demonstrates respect for self and others by following agreed-upon rules and procedures, collaborating in activities, and accepting constructive feedback from others in a variety of physical activity contexts. (S4)</p>	<p>Shows initiative and provides a model for demonstrating respect for self and others by following agreed-upon rules and procedures, collaborating in activities, and accepting constructive feedback from others in a variety of physical activity contexts.</p>
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## Grade 2 PE & Health Proficiency Scale Trimester 3

	<b>Novice</b>	<b>Approaching</b>	<b>Proficient</b>	<b>Advanced</b>
<b>Health Concepts</b>	Understands what a goal is with structure support.	Identifies a short-term personal health goal.	Identifies actions towards accomplishing a short-term goal. (1.2.7, 4.2.3, 8.2.1)	Not Assessed
<b>Demonstrate Health Skills</b>	Identifies an action to remove myself from a dangerous, unwanted, or threatening situation.	Identifies actions to remove myself from a dangerous, unwanted, or threatening situation.	Demonstrates actions to remove myself from a dangerous, unwanted, or threatening situation. (4.2.4, 7.2.1)	Not Assessed
<b>Motor Skills and Movement Patterns</b>	Demonstrates with structured help and support some of the attributes of skills including jumping forward and up using arms, body extension, landing with bent knees, running up to a ball and kicking it forward, foot dribbling a ball with control, throw underhand with correct foot, follow through and release, dribbling with dominant hand and walking, hitting an object up repeatedly, repeatably striking an object upwards with short-handle implement, jumping in mature pattern repeatably with a jump rope, transferring weight from feet to different body parts, and performing a teacher design rhythmic activity.	With help and support, demonstrates basic elements of skills including jumping forward and up using arms, body extension, landing with bent knees, running up to a ball and kicking it forward, foot dribbling a ball with control, throw underhand with correct foot, follow through and release, dribbling with dominant hand and walking, hitting an object up repeatedly, repeatably striking an object upwards with short-handle implement, jumping in mature pattern repeatably with a jump rope, transferring weight from feet to different body parts, and performing a teacher design rhythmic activity.	Demonstrates in group setting jumping forward and up using arms, body extension, landing with bent knees, running up to a ball and kicking it forward, foot dribbling a ball with control, throw underhand with correct foot, follow through and release, dribbling with dominant hand and walking, hitting an object up repeatedly, repeatably striking an object upwards with short-handle implement, jumping in mature pattern repeatably with a jump rope, transferring weight from feet to different body parts, and performing a teacher design rhythmic activity. (S1, S2)	Demonstrates consistently using correct form when jumping forward and up, running up to a ball and accurately kicking it in the air and on the ground, foot dribbling a ball with control while jogging, jogging and hand dribbling with control, hand volleying and hitting an object over a net or wall towards a target, striking with short implement an object over a net or against a wall, striking with long implement an object moving is forward with proper grip, and transferring weight from feet to hands.
<b>Engagement</b>	Participates occasionally throughout the lesson. Student will be given 2 reminders before given a mark and receive 6 or more marks during the trimester.	With help and support, participates actively throughout the entire lesson. Student will be given 2 reminders before given a mark and receive 5 marks during the trimester.	Actively participates in warm-up, cool-down and skill-building activities; being resilient by making an effort to improve skills and knowledge to help achieve a health-enhancing level of physical activity and fitness. (S3, S5)	Shows initiative and provides a model for actively participating in warm-up, cool-down and skill-building activities; being resilient by making an effort to improve skills and knowledge to help achieve a health-enhancing level of physical activity and fitness.

<b>Responsibility</b>	With help and support, occasionally follows rules and procedures and is respectful towards others. Student will be given 2 reminders before given a mark and receive 6 or more marks during the trimester.	With help and support, respectful towards others by following agreed-upon rules and procedures, collaborating in activities, and accepting constructive feedback. Student will be given 2 reminders before given a mark and receive 5 marks or less during trimester.	Demonstrates respect for self and others by following agreed-upon rules and procedures, collaborating in activities, and accepting constructive feedback from others in a variety of physical activity contexts. (S4)	Shows initiative and provides a model for demonstrating respect for self and others by following agreed-upon rules and procedures, collaborating in activities, and accepting constructive feedback from others in a variety of physical activity contexts.
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