

SHS Boys Soccer Program September 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 Home Game Vs West Fargo HS 5pm/7:00pm	2 Team Training 4-6pm Training - weightlifting	3 Team Training 8am-12pm Training- weightlifting
4 Day OFF	5 Team Training 4-6pm Team Training	6 Away Game @ G.F Red River 5pm/7:00pm Bus leaves 2:30pm	7 Player Evals Mid-Season Evals 3:45pm-6:15pm	8 Away Game @fargo North HS 5:30pm/7:30pm	9 Team Training 4-6pm Training	10 Team Training 8-12pm Training - weightlifting
11 Day OFF	12 Team Training 4-6pm Training Weightlifting	13 Away Game @ G.F Central 5pm/7:00pm Bus leaves 2:30pm	14 Team training 4-6pm Training	15 Home Game VS Fargo Davies 5pm/7:00pm	16 4-6pm Training - weightlifting	17 Away Game @ Moorhead 10am/12pm
18 Day OFF	19 Team Training 4-6pm Training	20 Away Game @ Fargo South HS 5pm/7:00pm	21 Team Training 4-6pm Training	22 Away Game @ West Fargo HS 5pm/7:00pm	23 4-6pm Training - weightlifting	24 Team Training 8-12pm Training - weightlifting
25 Day OFF	26 Team Training 4-6pm Training	27 Home Game VS G.F Red River 5pm/7:00pm	28 End of the Season Evals- Varsity 4-6pm JV Training	29 Team Training 4-6pm team training- weightlifting	30 4-6pm team training- weightlifting JV Tournament @ Fargo South HS	
	Notes: Team Meal Monday Sept 14 @6pm-SHS					

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