



WEST FARGO PUBLIC SCHOOLS ATHLETIC EXPECTATIONS/CODE OF CONDUCT ACCEPTANCE

STUDENT MUST BE PREPARED AND ATTEND ALL PRACTICES

- A doctor's slip for being absent from school is excused.
- A note or call from parents for any missed practice is required.
- Students must report to school by 12:00PM on event day to be eligible to play.
- Students must have proper clothes, shoes, and equipment.
- Students must have completed nine practices to be eligible for first competition.
- Students need to be picked up promptly after the competition of the activity; those not picked up within 15 minutes may be subject to disciplinary action.

UNEXCUSED ABSENCES OR TARDINESS

1st Offense – Warning and administration calls students' parent/guardian.

2nd Offense – Student sits out of the next game, but must attend and support teammates. In the event of an away game, student will remain in school if the team is excused early.

3rd Offense – Student is removed from the athletic program.

TRANSPORTATION

It is highly encouraged that students ride the bus back to school after a game or contest. A parent/guardian must sign a release form with the attending coach if a student does not plan to ride the bus.

Authorization for others to transport a student must be approved in writing at least 48 hours in advance by the Activities Department.

CLASSES

A student's academics are the first priority at West Fargo Public Schools. Students must be passing classes in order to be eligible to participate in extracurricular activities.

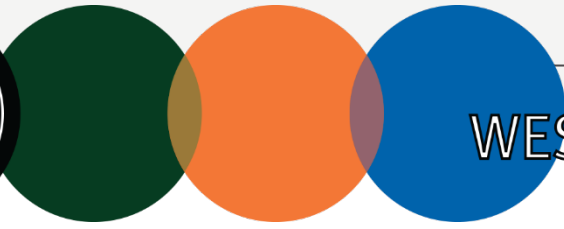
In the event of detention, it is considered an unexcused absence from practice or competition.

Middle school students shall adhere to the Middle Level Expectations Matrix and student handbook rules. Each week, behavior grade reports (College and Career Readiness Standards) will be run to determine eligibility. If a student has a CCR grade of a '1' in two or more classes, he/she will not be eligible to play in any games during that week, but will be expected to attend practice.

IN-SEASON COMPETITION: "A student shall not have participated in a similar athletic contest during the same sports season as a member of any other than a school team nor as an unattached individual in non-school contests during the school season in that sport." – NDHSAA (Article XIV; Section III)

A student may not compete on any teams other than their district-affiliated school's team during the school season for that particular sport.

ALCOHOL, TOBACCO, DRUGS: The use or possession of tobacco, alcohol, or any controlled substance (including prescription and synthetic drugs) as defined by North Dakota law is prohibited. Any co-curricular participant who is in violation of the foregoing regulation shall be suspended from participation in interscholastic contests / activities including scrimmages for a minimum of six weeks in her/his activity season. He/she will not be eligible for any special awards



or letters provided by West Fargo Public Schools for that activity season. Students under suspension may continue to practice with the team through the completion of the season. The period of suspension shall begin from the date notification is given to the student by the school administration. If information is withheld from the administration, the length of the suspension shall commence the day the administration is notified. For any subsequent offense during the same school year, the violator will be dropped from all further participation in co-curricular activities at West Fargo Public Schools for the remainder of the academic/activity school year. A student always has the right to a hearing.

A student found in violation will be required to meet with a school counselor.

INJURIES: If an injury occurs, notify the coach/advisor. Injury costs are the responsibility of participants and/or their parents/guardians. Our middle school program has a trainer three days per week.

COMMUNICATION GUIDELINES

The following are communication guidelines put in place by West Fargo Public Schools in order to resolve concerns.

COMMUNICATION EXPECTATIONS OF A COACH

- Coaching Philosophy
- Student Expectations
- Team Schedules
- Team Requirements (fees, equipment, uniforms, etc.)
- Medical Procedures
- Discipline

COMMUNICATION EXPECTATIONS OF A PARENT/GUARDIAN

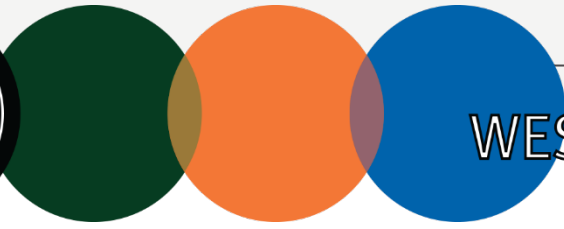
- Communicate concerns directly with the coach, including:
 - Mental and/or physical treatment of student
 - Student behavior
 - Suggestions for student improvement
- Advance notification of any schedule conflicts

Issues and concerns related to playing time, team strategy, play calling, team selection, and/or student/coach personnel are not appropriate to discuss with coaches.

COMMUNICATION ENGAGEMENT GUIDELINES

Below is the proper communication chain to follow that supports the process of effective communication.

1. Student makes direct contact with the coach/advisor.
2. Parent/guardian makes direct contact with the coach/advisor, after a minimum of 24 (business day) hours have elapsed since the student contact.
3. Parent/guardian makes direct contact with the school's activities director.
4. Parent/guardian makes direct contact with the school's principal.



Any correspondence regarding a co-curricular conflict will be passed along to the student and the coach/advisor involved; this includes phone, email, and text communications. West Fargo Public Schools and the Activities Department do not guarantee a resolution to all co-curricular concerns.

STUDENT CODE OF CONDUCT

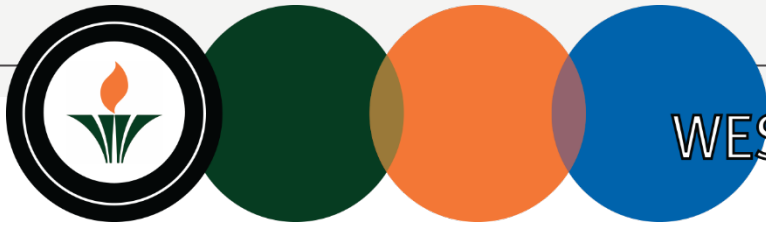
CITIZENSHIP

Student participants need to keep in perspective their role as active members in the co-curricular program. It is important for them to be good role models and ambassadors for the school community and to the younger students who admire and are influenced by their actions. Participants need to demonstrate proper respect to all persons, property, and the law on and off school premises.

As a student participating in co-curricular activities at West Fargo Public Schools, I understand and accept the following responsibilities:

- I will respect the rights and beliefs of others and will treat others with courtesy and consideration.
- I will be fully responsible for my own actions and the consequences of my actions.
- I will respect the property of others.
- I will respect and obey the rules of my school and the laws of my community, state and country.
- I will show respect to those who are responsible for enforcing the rules of my school and the laws of my community, state, and country.

Failure to follow these and other school expectations may result in suspension or removal from the activity. A student whose character or conduct violates the Student Code of Conduct or is suspended or expelled from school, is not in good standing and is ineligible for a period of time determined by the building administrative team.



RISK AND WARNING ACKNOWLEDGEMENT / CODE OF CONDUCT ACCEPTANCE

STUDENT/PARENT ACKNOWLEDGEMENT OF RISK AND WARNING

I, (Name of Student) _____, am a student in grade _____ at (Name of School) _____ and hereby acknowledge that I have been properly advised, cautioned, and warned by the proper administrative and coaching personnel of West Fargo Public Schools that by participating in any school activities for the school year and that I am exposing myself to risk of serious injury including, but not limited to, the risk of sprains, fractures, and ligament and/or cartilage damage which could result in a temporary or permanent, partial or complete, impairment in the use of my limbs; brain damage; paralysis; or even death. Having been so cautioned and warned, it is still my desire to participate in the activities, and should I choose to participate in the activities, I hereby further acknowledge that I do so with full knowledge and understanding of the risk of serious injury to which I am exposing myself to by participating. I have also received and read the Sanford Health concussion document and understand the risks of participation in the activities. This brochure is available under each high school's activities site.

_____/_____/_____
Parent/Guardian Signature Date Student Signature Date

In the event of an emergency requiring medical attention, I hereby grant permission for emergency treatment for my daughter/son. I expect an effort will be made to contact me if an emergency occurs. I understand the cost for any medical attention may not be covered or paid by West Fargo Public Schools or the North Dakota High School Activities Association.

I understand and agree that others may assist or participate in providing medical care to my child. In order to be able to provide appropriate care to my child, medical information may need to be shared with caregivers other than the treating physician. This may include, but may not be limited to, the team/school physician, resident or student physicians, school nurse, school athletic trainer, and licensed physical therapists.

This includes all of the following activities: cross country, football, golf, cheerleading, soccer, swimming and diving, tennis, volleyball, basketball, gymnastics, hockey, dance, wrestling, baseball, softball, track and field, weightlifting, and dodge ball, other (please specify: _____).

ACTIVITIES EXPECTATIONS AND CODE OF CONDUCT ACCEPTANCE

My signature below indicates our acceptance of the activities expectations and code of conduct for West Fargo Public Schools.

_____/_____/_____
Parent/Guardian Signature Date Student Signature Date