

# ***EL Health Syllabus***

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## **Course Description:**

In this course, students will be provided with the knowledge and skills necessary to make responsible life choices. This course includes lectures, group activities, and hands-on activities. This is a required course that includes lessons on communication, decision-making, physical, emotional, and social well-being, chemical dependencies, and human sexuality. This class is about YOUR LIFE! The choices you make today, impact tomorrow!

## **Classroom Expectations:**

- Be respectful of both peers and teachers
- Come Prepared (bring iPad, folder/binder, writing utensil, and writing paper each day)
- Participate in discussions and classroom activities
- Turn in work on time!

## **Grading will consist of the following items:**

- Projects
- Tests
- Quizzes
- Worksheets

Students will be given a letter grade of an A-B-C-D-F for each quarter. Each quarter will be worth 50% of their overall semester grade.

## **Late Policy:**

If a learner is absent, it is their responsibility to check Schoology or check in with their teacher to see what they have missed. All late homework must be turned in by the end of that unit. If work is turned in after the unit has been completed, they can not receive more than 50% on that assignment. No work will be accepted after the quarter has ended.

## **Units that will be covered:**

Below you will find the main units we will cover in health class. Each unit will cover various topics that fit within the main unit. We will cover two units per quarter.

- Wellness & nutrition

- Mental health
- Alcohol, tobacco, and other drugs
- Human Sexuality

**Additional Information**

- Cellphone use is not allowed in the classroom. They must be out-of-sight and out-of-use from bell to bell.
  - The first time I will ask you to place the phone on my desk
  - The second time your phone will be brought to the office, and you can get it after school.
- No food in the classroom
- Only drinks with a non-spill lid are allowed
  - Other drinks will be prompted to throw away
- If you are 10 minutes late to class, you will be marked UV for the period.
  - 5+ tardies will turn into a UV for the class.
- Headphones are not allowed while I am teaching.
  - They may be used during independent work time. ®

**PACKER PRIDE**  
**“Be a Member of the Pack”**

| EXPECTATION                  | CLASSROOM  |
|------------------------------|--|
| <b><u>Compassion</u></b>     | <ul style="list-style-type: none"> <li>• I follow rules and procedures.</li> <li>• I make a positive impact on my school.</li> <li>• I show kindness to others.</li> </ul>   |
| <b><u>Collaboration</u></b>  | <ul style="list-style-type: none"> <li>• I am respectful in words and actions.</li> <li>• I accept and give feedback.</li> <li>• I know when it is appropriate to listen and to speak.</li> <li>• I can ask relevant questions.</li> </ul>                               |
| <b><u>Responsibility</u></b> | <ul style="list-style-type: none"> <li>• I complete my work on time.</li> <li>• I am organized.</li> <li>• I am engaged in my learning.</li> <li>• I can pick up after myself.</li> <li>• I am ready to work.</li> <li>• I keep trying, even when it is hard.</li> </ul> |