

News from the WFHS Counseling Department January 2022

The WFHS Counseling Department is looking forward to second semester! We will continue to work with students individually, in groups, and in classrooms.

School counselors help all students:

- apply academic achievement strategies
- manage emotions and apply interpersonal skills
- plan for postsecondary options (higher education, military, work force)

Students and families are encouraged to check the WFHS Counseling Department website often for important information and updates: <https://www.west-fargo.k12.nd.us/domain/880>.

Please contact your student's school counselor with any questions/concerns.

School Counselor Name and Student Assignments	Contact Information
Mr. Zuel (Student Last Names A-Dn)	jzuel@west-fargo.k12.nd.us 701-499-1813
Ms. Quist (Student Last Names Do-H)	caquist@west-fargo.k12.nd.us 701-499-1817
Ms. Rosendahl (Student Last Names I- Mf)	drosendahl@west-fargo.k12.nd.us 701-499-1814
Dr. Odden Heide (Student Last Names Mg-R)	codden-heide@west-fargo.k12.nd.us 701-499-1816
Ms. Fehl (Student Last Names S-Z)	kfehl@west-fargo.k12.nd.us 701-499-1815
Ms. Shaw , Career Advisor	hshaw@west-fargo.k12.nd.us 701-499-1855



North Dakota Academic and CTE Scholarship

Senior students graduating from a North Dakota high school may be eligible for one of three scholarships that can be used at a North Dakota college, university, or eligible training program. There are several requirements that must be met to be eligible for a scholarship worth up to \$6,000. Information on these scholarships can be found [here](#). Please contact WFHS's Career Advisor, Hannalee Shaw, at hshaw@west-fargo.k12.nd.us with any questions.

College Entrance Exam – ACT

Some institutions and scholarship applications require an entrance exam for admission or consideration. There are two tests that will usually satisfy this requirement. Most four-year colleges in our area use the ACT but will accept the SAT as well. The ACT exam measures skills in English, mathematics, reading, and science reasoning. Please note that due to COVID 19, many institutions have revised their ACT/SAT policy for next year's admissions process. Please be sure to check admission policies for any schools a student might apply to.

To receive the results in time to meet application deadlines, we encourage seniors to retake the test early in the school year. Seniors should test no later than **February** to have test scores available for consideration for most scholarships and some applications. Listed below are the test dates and registration deadlines for the ACT. The registration fee is \$60 or \$85 with the Writing Test. Go to www.act.org to register. Students with documented economic needs may be eligible for a fee waiver. Students can visit with their school counselor or career advisor for more information. See below for test dates and registration deadlines.

2021-2022 ACT Test Dates

Test Date & Location	Registration Deadline	Late Registration Deadline (\$35 Late Fee Required)
February 12, 2022: NDSU	January 7	January 21
June 11, 2022: Fargo North HS & NDSU	May 6	May 20
July 16, 2022: Fargo North HS	June 17	June 24

Transcript Requests

Students and past graduates are able to request their transcript be sent to colleges and universities by accessing the school website: <http://www.west-fargo.k12.nd.us/Page/8470>. This link will direct you to eTranscript where you can request your transcript online and it will be sent to the school of your choice electronically. All WFHS transcripts are sent via eTranscript.