

Packer Relays
May 1, 2009
West Fargo Track & Field Complex
Results

Event 1 Girls 4x800 Meter Relay

Packer Relay: 9:52.17 P 2007 Moorhead

Henne, Stordahl, Mjones, Christian

10:10.00 QUAL

Team	Relay	Finals
Finals		
1 Packers	A	9:45.36PQUAL
1) Hermanson, Leah 08	2) Grooters, Ellie 11	
3) Baltezore, Christine 08	4) Mears, Alissa 09	
2 Fargo North	A	10:37.91 8
1) Gross, Alyssa 07	2) Roche, Abby 10	
3) Roche, Emily 08	4) Sarafolean, Andie 07	
3 Minot High School	A	10:42.88 6
1) Hornecker, Alexa 11	2) Brown, Christina 09	
3) Ziegler, Kristin 09	4) Greer, Stephanie 12	
4 Moorhead High School	A	10:51.93 5
1) Polomny, Tayler 10	2) Randklev, Mackenzie 09	
3) Cavalier, Catherine 09	4) Christian, Kendall 10	
5 Shanley High School	A	11:00.04 4
1) Backlund, Alex 07	2) Baumler, Taylor 07	
3) Smith, Maddie 08	4) Rivard, Sadie 10	
6 Wahpeton High School	A	11:11.79 3
1) Edwards, Ariel 11	2) Glines, Morgan 09	
3) Edwardson, Ashley 09	4) Irwin, Tawny 09	
7 Jamestown High School	A	11:37.00 2
1) O'Neill, Marissa 10	2) Shafer, Jazmin 10	
3) Entzel, Leah 11	4) Grosgebauer, Kaitlin	
8 Fargo North	B	x11:44.19
1) Reinholz, Katie 08	2) Ivers, Claire 08	
3) Holman, Paige 08	4) Astrup, Abby 08	

Event 3 Girls 300 Meter Hurdles

Packer Relay: 44.02 P 5/2/2008 Ellie Grooters

48.84 QUAL

Name	Yr	School	Finals
Finals			
1 Grooters, Ellie	11	Packers	44.37 QUAL
2 VanderPan, Molly	12	Century	50.11 8
3 Harless, Annika	11	Moorhead	50.19 6
4 Larson, Katelyn	10	Minot	50.55 5
5 Gustafson, Jill	10	Packers	50.97 4
6 Delzer, Tessa	09	Century	51.00 3
7 Audet, DelRay	09	Minot	51.46 2
8 Mueller, Ashley	10	Jamestown	52.14 1
9 Beech, Alison	12	Moorhead	52.26
10 Lasch, Kasey	10	Wahpeton	52.49
11 Dabill, Miah	08	Jamestown	52.94
12 Grundstrom, Tatum	09	Moorhead	53.21
13 Bork, Sydney	09	Fargo South	53.80
14 Pfau, Shaina	07	Fargo North	54.60
15 Schumacher, Kayla	11	Jamestown	55.14
16 Uglem, Madison	07	Fargo North	56.74
16 Hannaher, Carrie	10	Fargo South	56.74
18 Tellinghuisen, Katy	09	Packers	57.64

19 Johnson, Malaysia	10	Packers	57.82
20 Waite, Sadie	10	Packers	58.16
21 Reynolds, Laura	09	Fargo North	58.43
22 Pfeiffer, Aloysia	09	Fargo South	58.50
23 Derby, Maddie	07	Fargo North	58.68
24 Cox, Amber	09	Packers	59.28
25 Simonson, Sophi	08	Shanley	59.91
26 Munn, Amanda	08	Fargo North	60.85
27 Larson, Tianna	07	Fargo North	61.03
28 Schmiess, Kelsie	07	Fargo North	61.45
29 Doboyou, Decontee	08	Fargo North	62.30
30 Schlangen, Theresa	09	Packers	62.64
31 Sorby, Lakeshia	10	Fargo North	62.90
32 Berg, Kayla	10	Fargo North	64.10

Event 5 Girls 100 Meter Dash

Packer Relay: 12.46 P 2001 Jacinta Kuehn

13.04 QUAL

Name	Yr	School	Finals
Finals			
1 Steinwand, Jill	12	Century	12.71 QUAL
2 Ihmels, Morgan	11	Minot	13.42 8
3 Altenbernd, Abby	09	Moorhead	13.46 6
4 Ely, Lexi	09	Century	13.47 5
5 Larson, Kelsey	12	Fargo North	13.55 4
6 Levin, Amanda	07	Packers	13.56 3
7 Braunberger, Kelsey	11	Minot	13.65 2
8 Sistad, Erin	12	Packers	13.66 1
9 Egeland, Macy	11	Century	13.70
10 Iverson, Nikki	11	Jamestown	13.76
11 Weiszhaar, Krista	12	Packers	13.80
12 Denne, Sarah	12	Packers	13.82
13 Klemetson, Chelsea	10	Moorhead	13.83
14 Schunk, Jessica	12	Nevis	13.86
15 Lindow, Margaret	11	Nevis	14.00
16 Richards, Micah	12	Nevis	14.07
17 Schradick, Hannah	12	Wahpeton	14.12
18 Rasmussen, Leslie	11	Fargo North	14.16
19 Block, Rachel	11	Jamestown	14.24
20 Walsh, Whitney	10	Packers	14.36
21 Rutten, Anna	12	Packers	14.41
22 Rodriquez, Toni	07	Fargo North	14.43
23 Bentz, Tristen	10	Century	14.48
24 Knoll, Mara	10	Fargo South	14.74
25 Beaton, Nicole	09	Fargo South	14.95
26 Novak, Kandice	10	Wahpeton	14.99
27 Kessler, Lindsey	10	Fargo South	15.01
28 Bachmeier, Simone	09	Shanley	15.07
29 Schmaltz, Jessica	09	Packers	15.09
30 Lingwall, Abi	10	Wahpeton	15.13
31 Todd, Tori	09	Jamestown	15.14
32 Gomez, Megan	10	Moorhead	15.18
33 Simonson, Sophi	08	Shanley	15.21
34 Olson, Alyssa	11	Fargo South	15.26
35 French, Jolee	11	Packers	15.28

Packer Relays
May 1, 2009
West Fargo Track & Field Complex
Results

Finals ... (Event 5 Girls 100 Meter Dash)

Name	Yr	School	Finals
36 Mujcic, Esada	10	Fargo South	15.37
37 Samson, Anna	09	Packers	15.43
37 Kappes, Courtney	12	Moorhead	15.43
39 Schwiegert, Samantha	07	Fargo North	15.45
39 Thomas, Ashley	09	Moorhead	15.45
41 Berard, Beth	09	Packers	15.49
42 Berg, Hanna	07	Fargo North	15.88
42 Brown, Samantha	09	Packers	15.88
44 Forsythe, Samantha	10	Moorhead	15.91
45 Tran, Amy	10	Packers	16.01
46 Burbank, Ashleigh	11	Fargo South	16.15
47 Niskko, Clilia	10	Fargo South	16.18
48 Stoetzer, Kaylee	10	Moorhead	16.21
49 Nelson, Asia	09	Moorhead	16.66
50 Absey, Zoe	10	Fargo South	16.76
51 Rundquist, Abby	11	Moorhead	16.97
52 Wenaas, Kendall	08	Fargo North	17.49
53 Powers, Cheryl	10	Fargo North	20.20

Event 7 Girls 4x200 Meter Relay

Packer Relay: 1:45.54 P 2007 West Fargo

Turner, Shorma, Grooters, Denne

1:51.80 QUAL

Team	Relay	Finals
1 Packers	A	1:50.74 QUAL
1) Sistad, Erin 12	2) Denne, Sarah 12	
3) Levin, Amanda 07	4) Capouch, Becky 11	
2 Fargo North	A	1:50.81 QUAL
1) Nyanfor, Regina 08	2) Larson, Kelsey 12	
3) Garrett, Starr 09	4) Larson, Kira 08	
3 Minot High School	A	1:51.47 QUAL
1) Larson, Katelyn 10	2) Vander Vorste, Jamie 11	
3) Audet, DelRay 09	4) Braunberger, Kelsey 11	
4 Moorhead High School	A	1:51.83 5
1) Altenbernd, Abby 09	2) Heinze, Ashley 10	
3) Herbst, Brittney 12	4) Kassenborg, Ashley 11	
5 Century High School	A	1:52.82 4
1) Ely, Lexi 09	2) Hoff, Maria 09	
3) VanderPan, Molly 12	4) Jeske, Hannah 09	
6 Nevis High School	A	1:53.86 3
1) Feder, Annessa 10	2) Walters, Paige 10	
3) Stambaugh, Megan 12	4) Hanson, Riley 08	
7 Fargo South	A	1:55.80 2
1) Sellner, Andrea 10	2) Wellentin, Raquel 10	
3) Gaylah, Vera 09	4) Meyer, Nicole 11	
8 Shanley High School	A	2:00.87 1
1) Jordan, Julia 07	2) Baumler, Taylor 07	
3) Smith, Maddie 08	4) Carew, Nicole 10	
9 Fargo South	B	x2:04.05
10 Fargo North	B	x2:05.20
1) Munn, Amanda 08	2) Reynolds, Laura 09	
3) Sarafolean, Kristina 08	4) Luchau, Avalon 08	

11 Fargo North	C	x2:05.40
1) Marty, Faith 08	2) Gackle, Hannah 08	
3) Stangeland, Erin 08	4) Ivers, Claire 08	
12 Fargo North	E	x2:07.48
1) Powers, Cheryl 10	2) Brorby, Alison 12	
3) Benson, Audrey 11	4) Doboyou, Decontee 08	
13 Fargo North	F	x2:09.24
1) Mullenberg, Kim 07	2) Schwiegert, Samantha 07	
3) Swenson, Alicia 07	4) Swenson, Samantha 07	
14 Fargo North	D	x2:09.47
1) Volk, Haylee 08	2) Stegman, Ciara 08	
3) Thompson, Liza 08	4) Wiebe, Ashlee 08	

Event 9 Girls 1600 Meter Run

Packer Relay: 5:10.99 P 2004 Katie Conlon

5:30.00 QUAL

Name	Yr	School	Finals
1 Hansen, Leah	12	Moorhead	5:26.31 QUAL
2 Hanson, Elisabeth	12	Moorhead	5:40.54 8
3 Sanford, Sanford	10	Century	5:40.70 6
4 Roche, Abby	10	Fargo North	5:43.04 5
5 Rosenau, Jessica	08	Packers	5:43.27 4
6 Baltezore, Christine	08	Packers	5:43.39 3
7 Brammer, Kelly	11	Moorhead	5:43.47 2
8 Bucholz, Britny	10	Packers	5:45.51 1
9 Lipetzky, Anna	12	Moorhead	5:47.70
10 Stoppler, Kaitlyn	10	Packers	5:49.98
11 Litch, Kaylee	11	Moorhead	5:51.79
12 Grooters, Brooke	08	Packers	5:53.60
13 Reiter, Ashley	12	Packers	6:00.92
14 Grenz, Tana	11	Century	6:01.90
15 Olson, Alyssa	09	Packers	6:03.50
16 Zastoupil, Kelsey	09	Fargo South	6:08.92
17 Boe, Megan	09	Fargo North	6:10.85
18 Rivard, Sadie	10	Shanley	6:12.05
19 Entzel, Elizabeth	09	Jamestown	6:13.78
20 Hatlevoll, Casey	09	Fargo South	6:14.75
21 Parr, Chenelle	08	Packers	6:15.29
22 Astrup, Kate	08	Fargo North	6:29.95
23 Daly, Alyssa	09	Jamestown	6:36.88
24 Bitz, Emily	09	Fargo South	6:38.06
25 Stowe, Andrea	12	Moorhead	6:38.24
26 Grant, Emma	10	Packers	6:39.36
27 Rortvedt, Brianna	09	Packers	6:40.27
28 Thorson, Karley	10	Fargo North	6:43.84
29 Wixo, Megan	12	Moorhead	7:14.32
30 Lean, Sadie	10	Fargo North	7:16.45
31 Matejka, Brittany	07	Fargo North	7:17.34
32 Clarys, Kristin	09	Fargo South	7:38.15
33 Schmaltz, Amanda	11	Moorhead	7:42.52

Packer Relays
May 1, 2009
West Fargo Track & Field Complex
Results

Event 11 Girls 4x100 Meter Relay

Packer Relay: 50.11 P 2007 West Fargo
Turner, Shorma, Grooters, Denne
53.04 QUAL

Team	Relay	Finals
Finals		
1 Fargo North	A	53.20 10
1) Nyanfor, Regina 08	2) Larson, Kelsey 12	
3) Rasmussen, Leslie 11	4) Larson, Kira 08	
2 Moorhead High School	A	53.22 8
1) Altenbernd, Abby 09	2) Herbst, Brittney 12	
3) Klemetson, Chelsea 10	4) Heinze, Ashley 10	
3 Minot High School	A	53.97 6
1) Larson, Katelyn 10	2) Ihmels, Morgan 11	
3) Audet, DelRay 09	4) Braunberger, Kelsey 11	
4 Century High School	A	54.05 5
1) Ely, Lexi 09	2) Buck, Madi 11	
3) Egeland, Macy 11	4) Delzer, Tessa 09	
5 Nevis High School	A	54.17 4
1) Feder, Annessa 10	2) Hanson, Riley 08	
3) Lindow, Margaret 11	4) Schunk, Jessica 12	
6 Packers	A	54.46 3
1) Sistad, Erin 12	2) Denne, Sarah 12	
3) Levin, Amanda 07	4) Weiszhaar, Krista 12	
7 Fargo South	A	54.98 2
1) Meyer, Nicole 11	2) Sellner, Andrea 10	
3) Gaylah, Vera 09	4) Wellentin, Raquel 10	
8 Wahpeton High School	A	55.72 1
1) Schradick, Hannah 12	2) Edwards, Ariel 11	
3) Braun, Jordan 10		
9 Jamestown High School	A	55.77
1) Mueller, Ashley 10	2) Dabill, Miah 08	
3) Block, Rachel 11	4) Iverson, Nikki 11	
10 Century High School	B	x55.84
1) Bentz, Tristen 10	2) Govig, Ann 09	
3) Hoff, Maria 09	4) Cook, Chrystin 10	
11 Fargo North	B	x58.30
1) Uglem, Madison 07	2) Schmiess, Kelsie 07	
3) Derby, Maddie 07	4) Pfau, Shaina 07	
12 Fargo North	C	x59.28
1) Munn, Amanda 08	2) Luchau, Avalon 08	
3) Reynolds, Laura 09	4) Sarafolean, Kristina 08	
13 Fargo North	F	x59.60
1) Brorby, Alison 12	2) Benson, Audrey 11	
3) Doboyou, Deontee 08	4) Rerick, Hailey 10	
14 Fargo North	D	x60.24
1) Marty, Faith 08	2) Gackle, Hannah 08	
3) Stangeland, Erin 08	4) Ivers, Claire 08	
15 Fargo North	E	x62.04
1) Larson, Tianna 07	2) Mullenberg, Kim 07	
3) Schwiegert, Samantha 07	4) Ohm, Hannah 07	
16 Moorhead High School	B	x62.54
1) Forsythe, Samantha 10	2) Rundquist, Abby 11	
3) Gomez, Megan 10	4) Stoetzer, Kaylee 10	

Event 13 Girls 400 Meter Dash

Packer Relay: 55.89 P 2007 Laura Roesler
61.74 QUAL

Name	Yr	School	Finals
Finals			
1 Steinwand, Jill	12	Century	59.62 QUAL
2 Rygg, Paige	11	Fargo South	61.82 8
3 Nyanfor, Regina	08	Fargo North	63.98 6
4 Vander Vorste, Jamie	11	Minot	64.49 5
5 Barta, Allison	09	Packers	64.84 4
6 Benedict, Katherine	12	Moorhead	65.16 3
7 Stambaugh, Megan	12	Nevis	65.70 2
8 Peterson, Anna	11	Moorhead	66.19 1
9 Berg, Ashley	12	Lisbon	67.02
10 Lasch, Kasey	10	Wahpeton	67.66
11 O'Neill, Marissa	10	Jamestown	70.41
12 Casselton, Amanda	10	Moorhead	70.86
13 Schmaltz, Jessica	09	Packers	72.16
14 Entzel, Leah	11	Jamestown	72.86
15 Samson, Anna	09	Packers	73.16
16 Perry, Taylor	09	Packers	73.93
17 Gackle, Hannah	08	Fargo North	74.62
18 Entzel, Elizabeth	09	Jamestown	76.40
19 Thompson, Liza	08	Fargo North	76.73
20 Swenson, Samantha	07	Fargo North	77.71
21 Stegman, Ciara	08	Fargo North	78.29
22 French, Jolee	11	Packers	78.58
23 Swenson, Alicia	07	Fargo North	1:21.01
24 Shafer, Jazmin	10	Jamestown	1:22.12

Event 15 Girls 100 Meter Hurdles

Packer Relay: 14.61 P 2005 McKenzie Mehlisch
16.74 QUAL

Name	Yr	School	Finals
Finals			
1 Grooters, Ellie	11	Packers	14.99 QUAL
2 Birchem, Hillary	11	Lisbon	16.95 8
3 Delzer, Tessa	09	Century	17.02 6
4 Heinze, Ashley	10	Moorhead	17.04 5
5 Gustafson, Jill	10	Packers	17.06 4
6 Harless, Annika	11	Moorhead	17.55 3
7 Beech, Alison	12	Moorhead	17.58 2
8 Schumacher, Kayla	11	Jamestown	17.92 1
9 Bondy, Katelynn	12	Moorhead	18.17
10 Hannaher, Carrie	10	Fargo South	18.32
11 Richards, Micah	12	Nevis	18.68
12 Nelson, Jessica	11	Century	19.07
13 Sauvageau, Taylor	11	Fargo South	19.13
14 Wass, Jessica	11	Century	19.21
15 Waite, Sadie	10	Packers	19.60
16 Larson, Tianna	07	Fargo North	20.42
17 Pfau, Shaina	07	Fargo North	20.64
18 Tellinghuisen, Katy	09	Packers	20.87
19 Pfeiffer, Aloysia	09	Fargo South	20.88

Packer Relays
May 1, 2009
West Fargo Track & Field Complex
Results

Finals ... (Event 15 Girls 100 Meter Hurdles)

Name	Yr	School	Finals
20 Reynolds, Laura	09	Fargo North	21.31
21 Berg, Kayla	10	Fargo North	21.37
22 Johnson, Amber	09	Moorhead	21.47
23 Thomas, Ashley	09	Moorhead	21.53
24 Sorby, Lakeshia	10	Fargo North	21.73
25 Cox, Amber	09	Packers	22.26
26 Schlangen, Theresa	09	Packers	22.34
27 Munn, Amanda	08	Fargo North	23.43

Event 17 Girls 800 Meter Run

Packer Relay: 2:20.27 P 2004 Katie Conlon
2:24.30 QUAL

Name	Yr	School	Finals
Finals			
1 Greer, Stephanie	12	Minot	2:24.51 10
2 Carey, Mikayla	10	Moorhead	2:27.78 8
3 Henry, Markie	11	Century	2:28.89 6
4 Rygg, Paige	11	Fargo South	2:29.51 5
5 Hanson, Elisabeth	12	Moorhead	2:31.78 4
6 Stoppler, Kaitlyn	10	Packers	2:37.61 3
7 Funk, Lauren	09	Moorhead	2:38.58 1.5
7 Huelsman, Nikki	11	Century	2:38.58 1.5
9 Christian, Morgan	11	Moorhead	2:39.03
10 Ostlie, McCall	11	Moorhead	2:39.32
11 Richards, Karlee	10	Moorhead	2:40.31
12 Backlund, Alex	07	Shanley	2:41.71
13 Gross, Alyssa	07	Fargo North	2:42.74
14 Reiter, Ashley	12	Packers	2:43.87
15 Olson, Alyssa	09	Packers	2:46.12
16 Zastoupil, Kelsey	09	Fargo South	2:47.72
17 Cavalier, Catherine	09	Moorhead	2:48.28
18 Irwin, Tawny	09	Wahpeton	2:48.52
19 Ziegler, Kristin	09	Minot	2:48.69
20 Hatlevoll, Casey	09	Fargo South	2:49.56
21 Mueller, Ashley	10	Jamestown	2:50.69
22 Lasch, Kasey	10	Wahpeton	2:52.44
23 Astrup, Kate	08	Fargo North	2:59.03
24 Thorson, Karley	10	Fargo North	3:00.28
25 Daly, Alyssa	09	Jamestown	3:03.31
26 Rortvedt, Brianna	09	Packers	3:05.50
27 Bitz, Emily	09	Fargo South	3:06.15
28 Matejka, Brittany	07	Fargo North	3:07.26
29 Bruer, Taylor	09	Fargo South	3:16.49

Event 19 Girls 200 Meter Dash

Packer Relay: 25.40 P 2007 Laura Roesler
26.94 QUAL

Name	Yr	School	Finals
Finals			
1 Steinwand, Jill	12	Century	26.53 QUAL
2 Ihmels, Morgan	11	Minot	27.69 8
3 Levin, Amanda	07	Packers	28.23 6
4 Sistas, Erin	12	Packers	28.63 5

5 Walters, Paige	10	Nevis	28.66 4
6 Capouch, Becky	11	Packers	28.72 3
7 Rosenfeldt, Katie	09	Moorhead	28.80 2
8 Egeland, Macy	11	Century	28.87 1
9 Braun, Jordan	10	Wahpeton	28.91
9 Schradick, Hannah	12	Wahpeton	28.91
11 Klovstad, Joni	10	Moorhead	29.10
12 Bentz, Tristen	10	Century	29.18
13 Jordan, Julia	07	Shanley	29.39
14 Gustafson, Jill	10	Packers	29.57
15 Block, Rachel	11	Jamestown	30.08
16 Walsh, Whitney	10	Packers	30.27
17 Schumacher, Kayla	11	Jamestown	30.49
18 Dabill, Miah	08	Jamestown	30.54
19 Sampson, Keiley	10	Fargo South	30.61
20 Sarafolean, Kristina	08	Fargo North	30.83
21 Gomez, Megan	10	Moorhead	31.30
22 Marty, Faith	08	Fargo North	31.37
23 Johnson, Amber	09	Moorhead	31.58
24 Gackle, Hannah	08	Fargo North	31.75
25 Stensgard, Kim	11	Fargo South	31.88
26 Green, Sara	09	Shanley	31.96
27 Knoll, Mara	10	Fargo South	31.99
28 Woehl, Jessica	10	Jamestown	32.01
29 Rutten, Anna	12	Packers	32.03
30 Schuldt, Dianna	07	Nevis	32.12
31 Thompson, Liza	08	Fargo North	32.14
32 Volk, Haylee	08	Fargo North	32.24
33 Berard, Beth	09	Packers	32.25
34 Doboyou, Decontee	08	Fargo North	32.31
35 Simonson, Sophi	08	Shanley	32.38
36 Smith, Brianne	09	Jamestown	32.42
37 Forsythe, Samantha	10	Moorhead	32.51
38 Samson, Anna	09	Packers	32.56
39 Stegman, Ciara	08	Fargo North	32.58
40 Berg, Hanna	07	Fargo North	32.62
41 Kappes, Courtney	12	Moorhead	32.93
42 Mujcic, Esada	10	Fargo South	32.96
43 Burbank, Ashleigh	11	Fargo South	33.58
44 Olson, Alyssa	11	Fargo South	33.62
45 Wiebe, Ashlee	08	Fargo North	33.69
46 Brown, Samantha	09	Packers	33.79
47 Roath, Rikki	09	Fargo South	33.85
48 Swenson, Samantha	07	Fargo North	34.44
49 Tran, Amy	10	Packers	34.77
50 French, Jolee	11	Packers	34.92
51 Shafer, Jazmin	10	Jamestown	35.03
52 Absey, Zoe	10	Fargo South	35.32
53 Swenson, Alicia	07	Fargo North	35.37
54 Wenaas, Kendall	08	Fargo North	35.57
55 Walters, Jordan	07	Nevis	36.33

Packer Relays
May 1, 2009
West Fargo Track & Field Complex
Results

Event 21 Girls 3200 Meter Run

Packer Relay: 11:12.08 P 1996 Jessica Neva

12:05.00 QUAL

Name	Yr	School	Finals
Finals			
1 Wahlund, Brecca	10	Minot	11:09.15PQUAL
2 Mears, Alissa	09	Packers	11:45.83 QUAL
3 Kautzman, Lindsay	12	Jamestown	12:02.56 QUAL
4 Polomny, Tayler	10	Moorhead	12:03.38 QUAL
5 Markwart, Andrea	10	Century	12:06.34 4
6 Hornecker, Alexa	11	Minot	12:08.37 3
7 Randklev, Mackenzie	09	Moorhead	12:41.25 2
8 Storm, Jennifer	10	Fargo South	12:45.87 1
9 Goecke, Jenna	10	Century	12:52.45
10 Boe, Megan	09	Fargo North	13:05.04
11 Holman, Paige	08	Fargo North	13:06.36
12 Schroeder, Alicia	10	Packers	13:17.90
13 Entzel, Leah	11	Jamestown	13:24.93
14 Astrup, Abby	08	Fargo North	13:28.77
15 Reinholz, Katie	08	Fargo North	13:56.91

Event 23 Girls 4x400 Meter Relay

Packer Relay: 4:05.88 P 2004 West Fargo

Triebold, Hoy, Laufenberg, Okigbo

4:16.30 QUAL

Team	Relay	Finals
Finals		
1 Packers	A	4:10.79 QUAL
1) Capouch, Becky 11	2) Grooters, Ellie 11	
3) Hermanson, Leah 08	4) Mears, Alissa 09	
2 Moorhead High School	A	4:18.07 8
1) Carey, Mikayla 10	2) Funk, Lauren 09	
3) Hansen, Leah 12	4) Rosenfeldt, Katie 09	
3 Minot High School	A	4:18.57 6
1) Vander Vorste, Jamie 11	2) Audet, DelRay 09	
3) Ihmels, Morgan 11	4) Larson, Katelyn 10	
4 Nevis High School	A	4:20.32 5
1) Hanson, Riley 08	2) Walters, Paige 10	
3) Feder, Annessa 10	4) Stambaugh, Megan 12	
5 Century High School	A	4:21.50 4
1) Steinwand, Jill 12	2) VanderPan, Molly 12	
3) Henry, Markie 11	4) Huelsman, Nikki 11	
6 Moorhead High School	B	x4:23.62
1) Benedict, Katherine 12	2) Kassenborg, Ashley 11	
3) Peterson, Anna 11	4) Grundstrom, Tatum 09	
7 Fargo North	A	4:35.46 3
1) Gross, Alyssa 07	2) Derby, Maddie 07	
3) Rodriguez, Toni 07	4) Sarafolean, Andie 07	
8 Shanley High School	A	4:35.66 2
1) Jordan, Julia 07	2) Baumler, Taylor 07	
3) Smith, Maddie 08	4) Carew, Nicole 10	
9 Moorhead High School	D	x4:39.89
1) Brammer, Kelly 11	2) Litch, Kaylee 11	
3) Lipetzky, Anna 12	4) Cavalier, Catherine 09	

10 Moorhead High School C x4:44.34

1) Christian, Morgan 11 2) Ostlie, McCall 11
3) Richards, Karlee 10 4) Christian, Kendall 10

11 Fargo North B x4:57.21

1) Stangeland, Erin 08 2) Matejka, Brittany 07
3) Benson, Audrey 11 4) Astrup, Kate 08**Event 31 Girls High Jump**

Packer Relay: 5-07 P 1985 Sue Hesch

5-01.00 QUAL

Name	Yr	School	Finals
Finals			
1 Olson, Kali	11	Lisbon	5-05.00 QUAL
2 Govig, Ann	09	Century	5-01.00 QUAL
3 Feder, Annessa	10	Nevis	J5-01.00 QUAL
4 Heinze, Ashley	10	Moorhead	J5-01.00 QUAL
5 Larson, Kira	08	Fargo North	4-11.00 4
6 Klemetson, Chelsea	10	Moorhead	J4-11.00 3
7 Nygaard, Kara	11	Jamestown	J4-11.00 2
8 Braunberger, Kelsey	11	Minot	4-09.00 1
9 Buck, Madi	11	Century	J4-09.00
10 Rutten, Anna	12	Packers	4-07.00
10 Cook, Chrystin	10	Century	4-07.00
10 Benedict, Katherine	12	Moorhead	4-07.00
10 Cowley, Alexis	09	Packers	4-07.00
10 Krage, Alix	10	Moorhead	4-07.00
15 Rerick, Hailey	10	Fargo North	4-05.00
15 Fitzgerald, Meghan	11	Moorhead	4-05.00
17 Pierce, ReAnna	11	Fargo South	4-03.00
17 Roath, Rikki	09	Fargo South	4-03.00
17 Bork, Sydney	09	Fargo South	4-03.00
17 Moffett, Jasmine	09	Fargo South	4-03.00
17 Wellentin, Raquel	10	Fargo South	4-03.00
17 Sorenson, Trish	12	Century	4-03.00
--- Daly, Alyssa	09	Jamestown	FAIL
--- Smith, Brianne	09	Jamestown	FAIL
--- Wenzel, Abby	09	Jamestown	FAIL
--- Jordan, Julia	07	Shanley	FAIL
--- Tran, Amy	10	Packers	FAIL
--- Berg, Kayla	10	Fargo North	FAIL
--- Pfeiffer, Aloysia	09	Fargo South	FAIL
--- Simonson, Sophi	08	Shanley	FAIL
--- Johnson, Amber	09	Moorhead	FAIL
--- Staber, Cassie	12	Moorhead	X4-03.00

Event 32 Girls Pole Vault

Packer Relay: 10-00 P 5/2/2008 J Erickson, N Huckle, A

9-00.00 QUAL

Name	Yr	School	Finals
Finals			
1 Huckle, Natalie	11	Moorhead	9-00.00 QUAL
2 Jacobsen, Samantha	11	Moorhead	8-06.00 8
3 McMillan, McKenzie	10	Century	J8-06.00 6
4 Govig, Ann	09	Century	J8-06.00 5
5 Sather, Megan	11	Packers	8-00.00 4

Packer Relays
May 1, 2009
West Fargo Track & Field Complex
Results

Finals ... (Event 32 Girls Pole Vault)

Name	Yr	School	Finals
6 Zetocha, Jenny	11	Shanley	J8-00.00 3
7 Wass, Jessica	11	Century	7-06.00 2
8 Helland, Kelsey	10	Fargo South	J7-06.00 1
9 Sauvageau, Taylor	11	Fargo South	J7-06.00
10 Volk, Haylee	08	Fargo North	6-00.00
10 Holm, Morgan	09	Moorhead	6-00.00
10 Bates, Taylor	11	Packers	6-00.00
10 Uglem, Madison	07	Fargo North	6-00.00
--- Jaeger, McKenzie	11	Packers	FAIL
--- Burbank, Ashleigh	11	Fargo South	FAIL
--- Pearson, Hope	10	Packers	FAIL
--- Sampson, Keiley	10	Fargo South	FAIL
--- Berg, Hanna	07	Fargo North	FAIL
--- Ivers, Claire	08	Fargo North	FAIL
--- Miller, Charity	11	Jamestown	FAIL
--- Woehl, Jessica	10	Jamestown	FAIL
--- Ohm, Hannah	07	Fargo North	FAIL
--- Johnson, Kayla	11	Moorhead	FAIL
--- Marty, Faith	08	Fargo North	FAIL
--- Wiebe, Ashlee	08	Fargo North	FAIL

Event 33 Girls Long Jump

Packer Relay: 18-11.50 P 2007 Leslie Olson

16-08.00 QUAL

Name	Yr	School	Finals
1 Iverson, Nikki	11	Jamestown	16-06.00 10
2 Larson, Kelsey	12	Fargo North	16-05.00 8
3 Cook, Chrystin	10	Century	15-09.00 6
4 Miller, Charity	11	Jamestown	J15-09.00 5
5 Jeske, Hannah	09	Century	15-07.00 4
6 Ely, Lexi	09	Century	15-05.00 3
7 Braun, Jordan	10	Wahpeton	15-01.50 2
8 Nelson, Jessica	11	Century	15-00.00 1
9 Rerick, Hailey	10	Fargo North	14-10.50
10 Helland, Kelsey	10	Fargo South	14-10.00
11 Klovstad, Joni	10	Moorhead	14-06.00
11 Wagner, Taylor	12	Lisbon	14-06.00
13 Harless, Annika	11	Moorhead	14-04.00
14 Staber, Cassie	12	Moorhead	14-01.00
15 Unhjem, Kirsten	10	Fargo South	13-11.00
16 Gustafson, Jill	10	Packers	13-10.50
17 Green, Sara	09	Shanley	13-09.50
18 Rodriquez, Toni	07	Fargo North	13-08.50
19 Smith, Maddie	08	Shanley	13-07.50
20 Gaylah, Vera	09	Fargo South	13-06.00
21 Richards, Micah	12	Nevis	13-05.00
22 Sampson, Keiley	10	Fargo South	13-02.00
23 Jacobsen, Samantha	11	Moorhead	13-01.00
24 Brothersen, Ellen	10	Fargo South	13-00.00
25 Holte, Danielle	09	Moorhead	12-11.50
26 Bondy, Katelynn	12	Moorhead	12-11.00
27 Baumler, Taylor	07	Shanley	12-09.50

28 Todd, Tori	09	Jamestown	12-05.50
29 Swenson, Samantha	07	Fargo North	12-04.00
30 Walker, Mikaela	10	Jamestown	12-03.00
31 Roath, Rikki	09	Fargo South	12-02.00
32 Lingwall, Abi	10	Wahpeton	12-01.00
33 Thompson, Liza	08	Fargo North	12-00.50
34 Stangeland, Erin	08	Fargo North	12-00.00
34 Zetocha, Jenny	11	Shanley	12-00.00
36 Kappes, Courtney	12	Moorhead	11-10.50
37 Schwiegert, Samantha	07	Fargo North	11-05.50
38 Swenson, Alicia	07	Fargo North	11-03.00
39 Mullenberg, Kim	07	Fargo North	10-07.00
40 Stegman, Ciara	08	Fargo North	9-03.00
41 Wenaas, Kendall	08	Fargo North	9-02.00

Event 34 Girls Triple Jump

Packer Relay: 38-00.25 P 2005 Brittany Bruenjes

34-00.00 QUAL

Name	Yr	School	Finals
1 Iverson, Nikki	11	Jamestown	35-00.00 QUAL
2 Jeske, Hannah	09	Century	34-08.00 QUAL
3 Wagner, Taylor	12	Lisbon	32-05.00 6
4 Rosenfeldt, Katie	09	Moorhead	32-00.50 5
5 Klovstad, Joni	10	Moorhead	31-06.00 4
6 Nygaard, Kara	11	Jamestown	30-10.50 3
7 Nelson, Jessica	11	Century	30-09.00 2
8 Meyer, Nicole	11	Fargo South	30-08.00 1
9 Gaylah, Vera	09	Fargo South	30-04.00
10 Bondy, Katelynn	12	Moorhead	29-08.00
11 Harless, Annika	11	Moorhead	29-01.00
12 Casselton, Amanda	10	Moorhead	29-00.00
13 Sorenson, Trish	12	Century	28-08.00
14 Moffett, Jasmine	09	Fargo South	28-07.00
15 Brothersen, Ellen	10	Fargo South	27-06.50
16 Unhjem, Kirsten	10	Fargo South	27-03.00
17 Lingwall, Abi	10	Wahpeton	27-00.00
18 Green, Sara	09	Shanley	26-09.00
--- Johnson, Kayla	11	Moorhead	FOUL

Event 35 Girls Discus Throw

Packer Relay: 157-03 P 1985 Patty Purpur

118-00 QUAL

Name	Yr	School	Finals
1 Eggert, Jayd	09	Minot	115-11.00 10
2 Kraft, Brianna	12	Minot	114-01.00 8
3 Smith, Danielle	10	Century	113-09.00 6
4 Birchem, Hillary	11	Lisbon	112-06.00 5
5 Ogden, Beth	12	Minot	112-05.00 4
6 Brekkestran, Maria	11	Packers	109-11.00 3
7 Holmen, Kallie	11	Minot	107-04.00 2
8 Lopez, Mia	10	Fargo North	101-00.00 1
9 Gonshorowski, Laura	12	Moorhead	99-08.00
10 Hummel, Alyssa	12	Packers	97-06.00

Packer Relays
May 1, 2009
West Fargo Track & Field Complex
Results

Finals ... (Event 35 Girls Discus Throw)

Name	Yr	School	Finals
11 Ries, Rachel	09	Century	93-10.00
12 Roscoe, Kate	09	Jamestown	92-03.00
13 Lorenz, Londyn	10	Packers	91-07.00
14 Bergrud, Brianna	09	Century	88-04.00
15 Roeske, Danielle	12	Jamestown	84-10.00
16 Fleckenstein, Amy	09	Century	84-03.00
17 Holzwarth, Casie	11	Fargo South	83-05.00
18 Kingsley, Lydia	09	Fargo South	83-03.00
19 Odegaard, Madeline	09	Fargo South	82-07.00
20 Scott, Sara	12	Jamestown	82-05.50
21 Zollinger, Kaitlin	11	Fargo South	82-02.00
22 Amedy, Seepal	10	Moorhead	80-04.00
23 Ernst, McKinzie	09	Moorhead	79-10.00
24 Flye, Leshay	09	Minot	74-03.00
25 Windish, Savannah	09	Jamestown	71-02.00
26 Anderson, Kelsey	09	Fargo North	68-09.00
27 Roscoe, Mary	09	Jamestown	68-06.00
28 Anderson, Katie	12	Moorhead	66-05.00
29 Veit, Anna	10	Shanley	65-10.00
30 Wessman, Rachel	11	Fargo North	63-07.00
31 Parsons, Jennifer	10	Packers	62-09.00
32 Cole, Katie	12	Moorhead	62-05.00
33 Schalow, Katie	11	Fargo South	59-02.00
34 Urquhart, Kelsey	09	Jamestown	58-07.00
35 Schefter, Megan	12	Fargo North	54-08.00
36 Moffett, Jasmine	09	Fargo South	53-11.00
37 Hogland, Sakimah	08	Fargo North	52-07.00
38 Pederson, Courtney	10	Packers	40-09.00

Event 36 Girls Javelin Throw

Packer Relay: 138-08 P 1985 Joleen Pikarski
110-00 QUAL

Name	Yr	School	Finals
Finals			
1 Walsh, Shelby	12	Minot	121-09.00 QUAL
2 Kraft, Brianna	12	Minot	108-01.00 8
3 Toso, Markie	12	Lisbon	105-10.00 6
4 Roscoe, Kate	09	Jamestown	97-09.00 5
5 Nygaard, Kara	11	Jamestown	89-08.00 4
6 Schefter, Megan	12	Fargo North	89-05.00 3
7 Fleckenstein, Amy	09	Century	88-04.00 2
8 Holmen, Kallie	11	Minot	88-03.00 1
9 Holzwarth, Casie	11	Fargo South	86-04.00
10 McInnes, Adrian	11	Jamestown	84-06.00
11 Lopez, Mia	10	Fargo North	83-10.00
12 Moffett, Jasmine	09	Fargo South	82-01.00
13 Wessman, Rachel	11	Fargo North	81-01.00
14 Ries, Rachel	09	Century	80-11.00
15 Goughnour, Molly	10	Fargo North	80-08.00
16 Carew, Nicole	10	Shanley	77-07.00
17 Miller, Charity	11	Jamestown	76-10.00
18 Weiszhaar, Krista	12	Packers	70-06.00
19 Veit, Anna	10	Shanley	70-01.00

20 Roscoe, Mary	09	Jamestown	65-01.00
21 Windish, Savannah	09	Jamestown	63-11.00
22 Burrer, Morgan	10	Wahpeton	63-04.00
23 Schalow, Katie	11	Fargo South	62-10.00
24 Parsons, Jennifer	10	Packers	61-08.00
25 Kingsley, Lydia	09	Fargo South	58-00.00
26 Pederson, Courtney	10	Packers	54-05.00
27 Lawrence, Christina	10	Shanley	51-07.00
28 Zollinger, Kaitlin	11	Fargo South	46-09.00
29 Stensgard, Kim	11	Fargo South	45-07.00
30 Green, Sara	09	Shanley	44-07.00
31 Knoll, Mara	10	Fargo South	44-05.00
32 Steinmetz, Shelby	11	Jamestown	37-09.00
--- Odegaard, Madeline	09	Fargo South	FOUL

Event 37 Girls Shot Put

Packer Relay: 47-00.50 P 1985 Patty Purpur
35-06.00 QUAL

Name	Yr	School	Finals
Finals			
1 Reeves, Cherae	10	Packers	38-02.00 QUAL
2 Lopez, Mia	10	Fargo North	36-11.00 QUAL
3 Brekkestran, Maria	11	Packers	35-04.50 6
4 Smith, Danielle	10	Century	34-11.00 5
5 Hummel, Alyssa	12	Packers	J34-11.00 4
6 Kraft, Brianna	12	Minot	34-02.00 3
7 Holmen, Kallie	11	Minot	34-00.00 2
8 Toso, Markie	12	Lisbon	33-07.00 1
9 Ogden, Beth	12	Minot	33-03.00
10 Flye, Leshay	09	Minot	33-01.00
10 Birchem, Hillary	11	Lisbon	33-01.00
12 Eggert, Jayd	09	Minot	32-10.00
13 Roeske, Danielle	12	Jamestown	32-07.00
14 Fleckenstein, Amy	09	Century	31-06.00
15 Bergrud, Brianna	09	Century	31-04.50
16 Gonshorowski, Laura	12	Moorhead	31-04.00
17 Ries, Rachel	09	Century	29-08.50
18 Amedy, Seepal	10	Moorhead	28-03.00
19 Urquhart, Kelsey	09	Jamestown	28-00.00
20 Windish, Savannah	09	Jamestown	27-11.50
21 Holzwarth, Casie	11	Fargo South	27-08.00
22 Odegaard, Madeline	09	Fargo South	26-10.00
23 Albrecht, Allie	08	Wahpeton	26-08.00
24 Lorenz, Londyn	10	Packers	26-04.00
25 Wessman, Rachel	11	Fargo North	26-01.00
26 Roscoe, Kate	09	Jamestown	24-07.00
26 Parsons, Jennifer	10	Packers	24-07.00
28 McInnes, Adrian	11	Jamestown	24-04.00
29 Scott, Sara	12	Jamestown	23-04.50
30 Schalow, Katie	11	Fargo South	23-03.00
31 Roscoe, Mary	09	Jamestown	23-00.00
32 Anderson, Kelsey	09	Fargo North	22-11.00
33 Kingsley, Lydia	09	Fargo South	22-04.00
33 Anderson, Katie	12	Moorhead	22-04.00
35 Cole, Katie	12	Moorhead	22-03.00

Packer Relays
May 1, 2009
West Fargo Track & Field Complex
Results

Finals ... (Event 37 Girls Shot Put)

Name	Yr	School	Finals
36 Veit, Anna	10	Shanley	21-03.00
37 Pederson, Courtney	10	Packers	21-02.00
38 Hogland, Sakimah	08	Fargo North	20-09.00
39 Guthmiller, Erika	09	Lisbon	18-05.00

Women - Team Rankings - 19 Events Scored

1) Century High School	141.5
2) Moorhead High School	129.5
3) West Fargo High School	129
4) Minot High School	126
5) Fargo North High School	68
6) Jamestown High School	49
7) Lisbon High School	36
8) Nevis High School	24
9) Fargo South High School	20
10) Shanley High School	10
11) Wahpeton High School	6