

## North High 5 Invitational Track & Field Meet

### May 12, 2008

### NDSU Track & Field Complex

### Results

#### Event 2 Girls 4x800 Meter Relay

10:10.00 QUAL

Team	Relay	Seed	Finals	Points
<b>Finals</b>				
1 West Fargo High School	B	11:03.00	x12:37.91	
1) Reiter, Ashley 11	2) Parr, Chenelle 07	3) Nelson, Megan 11	4) Schroeder, Alicia 09	
2 Wahpeton High School	A		12:40.90	10
3 West Fargo High School	A	11:02.00	12:46.30	8
1) Hermanson, Leah 07	2) Grooters, Brooke 07	3) Grant, Emma 09	4) Crary, Andrea 12	
4 Fargo North High School	A	12:00.00	12:55.47	6
1) Astrup, Abby 07	2) Holman, Paige 07	3) Reinholz, Katie 07	4) Roche, Emily 07	

#### Event 4 Girls 300 Meter Hurdles

48.84 QUAL

Name	Yr School	Seed	Finals	Points
<b>Finals</b>				
1 Gustafson, Jill	09 West Fargo High School	49.30	50.01	10
2 Steichen, Sasha	10 West Fargo High School	53.09	53.87	8
3 Meyer, Meghan	11 West Fargo High School	53.15	54.28	6
4 Johnson, Malaysia	09 West Fargo High School		56.90	5
5 Ehlen, Hillary	11 West Fargo High School	57.48	59.97	4
6 Waite, Sadie	09 West Fargo High School	58.68	60.44	3

#### Event 6 Girls 100 Meter Dash

13.04 QUAL

Name	Yr School	Seed	Finals	H#	Points
<b>Finals</b>					
1 Grooters, Ellie	10 West Fargo High School	12.58	12.77	QUAL 1	10
2 Sistad, Erin	11 West Fargo High School	13.70	13.45	2	8
3 Turner, Megan	09 West Fargo High School	13.32	13.48	1	6
4 Schradick, Hannah	11 Wahpeton High School	13.10	13.55	1	5
5 Rasmussen, Leslie	10 Fargo North High School	13.50	13.65	1	4
6 Strandemo, Maddie	07 Shanley High School	13.10	13.68	1	3
7 Braun, Jordyn	09 Wahpeton High School	13.30	13.73	1	2
8 Walsh, Whitney	09 West Fargo High School	13.43	13.82	1	1
9 Rutten, Anna	11 West Fargo High School	13.69	13.86	1	
10 Weiszhaar, Krista	11 West Fargo High School	14.05	13.97	2	
11 Little, Alex	09 Shanley High School	14.09	14.08	2	
12 Steichen, Sasha	10 West Fargo High School	14.10	14.43	2	
13 Ehlen, Hillary	11 West Fargo High School	14.45	14.48	3	
14 Kaeding, Molly	10 Shanley High School	14.58	14.72	3	
15 Marty, Faith	07 Fargo North High School	14.00	14.93	2	
15 Nestler, Chenise	10 Shanley High School	14.77	14.93	3	
17 Segal, Taylor	10 Fargo North High School	15.00	15.88	3	
18 Erickson, Hanna	10 Fargo North High School	15.00	16.36	3	

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### Event 8 Girls 4x200 Meter Relay

1:51.80 QUAL

Team	Relay	Seed	Finals	Points
<b>Finals</b>				
1 West Fargo High School	A	1:49.65	1:51.53 QUAL	10
1) Andersson, April 10	2) Turner, Megan 09	3) Walsh, Whitney 09	4) Capouch, Becky 10	
2 Fargo North High School	A	1:52.00	1:53.43	8
1) Nyanafor, Regina 07	2) Rasmussen, Leslie 10	3) Garrett, Starr 08	4) Larson, Kira 07	
3 Fargo North High School	C		x2:06.59	
1) Anderson, Kelsey 08	2) Sarafolean, Kristina 07	3) Burmeister, Brooklyn 09	4) Rerick, Hailey 09	

### Event 10 Girls 1600 Meter Run

5:30.00 QUAL

Name	Yr School	Seed	Finals	Points
<b>Finals</b>				
1 Stoppler, Kaitlyn	09 West Fargo High School	5:36.40	5:42.96	10
2 Reiter, Ashley	11 West Fargo High School	5:52.91	5:57.00	8
3 Grant, Emma	09 West Fargo High School	5:52.64	6:05.70	6
4 Schroeder, Alicia	09 West Fargo High School	6:08.81	6:12.25	5
5 Saylor, Stacey	10 Fargo North High School	6:00.00	6:15.42	4
6 Grooters, Brooke	07 West Fargo High School	6:22.96	6:21.99	3
7 Stangeland, Erin	07 Fargo North High School		6:29.87	2
8 Benson, Audrey	10 Fargo North High School	6:00.00	6:43.16	1
9 Veit, Anna	09 Shanley High School	6:59.00	6:45.50	
10 Lean, Sadie	09 Fargo North High School	6:20.00	7:14.79	

### Event 12 Girls 4x100 Meter Relay

53.04 QUAL

Team	Relay	Seed	Finals	Points
<b>Finals</b>				
1 West Fargo High School	A	52.38	52.60 QUAL	10
1) Andersson, April 10	2) Turner, Megan 09	3) Walsh, Whitney 09	4) Capouch, Becky 10	
2 Fargo North High School	A	53.50	53.59	8
1) Nyanafor, Regina 07	2) Larson, Kelsey 11	3) Garrett, Starr 08	4) Rasmussen, Leslie 10	
3 Wahpeton High School	A		54.73	6
4 Fargo North High School	C		x61.41	
1) Volk, Haylee 07	2) Erickson, Hanna 10	3) Anderson, Kelsey 08	4) Burmeister, Brooklyn 09	
--- West Fargo High School	B	52.38	DQ	
1) Sistad, Erin 11	2) Weiszhaar, Krista 11	3) Rutten, Anna 11	4) Denne, Sarah 11	

**North High 5 Invitational Track & Field Meet**  
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**Results**

**Event 14 Girls 400 Meter Dash**  
**61.74 QUAL**

Name	Yr	School	Seed	Finals	Points
<b>Finals</b>					
1 Grooters, Ellie	10	West Fargo High School	61.95	57.56	QUAL 10
2 Nyanafor, Regina	07	Fargo North High School	66.00	63.38	8
3 Barta, Allison	08	West Fargo High School	63.41	65.72	6
4 Glines, Morgan	08	Wahpeton High School	69.00	73.22	5
5 Marty, Faith	07	Fargo North High School	72.00	76.01	4
6 Sayler, Breanna	07	Fargo North High School	1:20.00	1:26.20	3

**Event 15 Girls 100 Meter Hurdles**  
**16.74 QUAL**

Name	Yr	School	Seed	Finals	H#	Points
<b>Finals</b>						
1 Steichen, Sasha	10	West Fargo High School	18.04	17.67	1	10
2 Gustafson, Jill	09	West Fargo High School	17.10	17.78	1	8
3 Meyer, Meghan	11	West Fargo High School	18.40	18.45	1	6
4 Ehlen, Hillary	11	West Fargo High School	18.30	18.97	1	5
5 Waite, Sadie	09	West Fargo High School	19.25	19.44	2	4
6 Walen, Ashley	11	West Fargo High School	20.50	19.52	2	3
7 Johnson, Malaysia	09	West Fargo High School		20.39	2	2

**Event 18 Girls 800 Meter Run**  
**2:24.30 QUAL**

Name	Yr	School	Seed	Finals	Points
<b>Finals</b>					
1 Mears, Alissa	08	West Fargo High School	2:24.71	2:20.90	QUAL 10
2 Sayler, Cassandra	12	West Fargo High School	2:27.71	2:28.52	8
3 Stoppler, Kaitlyn	09	West Fargo High School	2:41.57	2:35.70	6
4 Lasch, Kasey	09	Wahpeton High School	2:26.00	2:35.78	5
5 Roche, Emily	07	Fargo North High School	2:36.00	2:35.90	4
6 Sarafolean, Kristina	07	Fargo North High School	2:43.00	2:41.35	3
7 Thorson, Karley	09	Fargo North High School	2:45.00	2:43.52	2
8 Nelson, Megan	11	West Fargo High School	2:44.84	2:47.33	1
9 Benson, Audrey	10	Fargo North High School	2:50.00	2:48.58	
10 Rerick, Hailey	09	Fargo North High School	2:50.00	2:51.95	
11 Reinholz, Katie	07	Fargo North High School	2:45.00	2:53.84	
12 Stangeland, Erin	07	Fargo North High School		2:56.74	
13 Baumann, Rachel	09	Fargo North High School	2:50.00	2:58.58	
14 Crary, Andrea	12	West Fargo High School	2:50.56	2:59.81	
15 Sayler, Breanna	07	Fargo North High School	3:20.00	3:17.22	

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#### Event 20 Girls 200 Meter Dash

26.94 QUAL

Name	Yr	School	Seed	Finals	H#	Points
<b>Finals</b>						
1 Strandemo, Maddie	07	Shanley High School	27.56	27.73	1	10
2 Capouch, Becky	10	West Fargo High School	28.35	27.76	1	8
3 Turner, Megan	09	West Fargo High School	28.09	28.58	1	6
4 Schradick, Hannah	11	Wahpeton High School	28.00	28.61	1	5
5 Sistad, Erin	11	West Fargo High School	28.82	28.71	1	4
6 Gustafson, Jill	09	West Fargo High School	29.57	29.26	1	3
7 Walsh, Whitney	09	West Fargo High School	28.38	29.31	1	2
8 Weiszhaar, Krista	11	West Fargo High School	29.04	29.64	1	1
9 Little, Alex	09	Shanley High School	30.44	30.31	2	
10 Johnson, Malaysia	09	West Fargo High School	29.80	30.38	2	
11 Kaeding, Molly	10	Shanley High School	30.03	30.46	2	
12 Marty, Faith	07	Fargo North High School	31.00	32.02	2	
13 Anderson, Kelsey	08	Fargo North High School	35.00	35.86	2	
14 Volk, Haylee	07	Fargo North High School	35.00	35.92	2	

#### Event 22 Girls 3200 Meter Run

12:05.00 QUAL

Name	Yr	School	Seed	Finals	Points
<b>Finals</b>					
1 Bucholz, Britny	09	West Fargo High School	11:51.16	12:07.02	10
2 Baltezare, Christine	07	West Fargo High School	12:03.49	12:28.96	8
3 Parr, Chenelle	07	West Fargo High School	13:13.68	13:27.21	6
4 Holman, Paige	07	Fargo North High School	13:00.00	13:27.62	5
5 Sayler, Stacey	10	Fargo North High School	13:00.00	13:30.43	4

#### Event 24 Girls 4x400 Meter Relay

4:16.30 QUAL

Team	Relay	Seed	Finals	Points
<b>Finals</b>				
1 West Fargo High School	A	4:06.51	4:07.22 QUAL	10
1) Barta, Allison 08	2) Sayler, Cassandra 12	3) Hermanson, Leah 07	4) Mears, Alissa 08	
2 Shanley High School	A	4:16.18	4:28.85	8
1) Paulson, Mara 12	2) Kenney, Sophie 09	3) Carew, Nicole	4) Smith, Madison 07	
3 Wahpeton High School	A		4:52.35	6
4 Fargo North High School	A	4:24.00	5:20.09	5
1) Astrup, Abby 07	2) Reinholz, Katie 07	3) Baumann, Rachel 09	4) Thorson, Karley 09	

## North High 5 Invitational Track & Field Meet

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### Event 41 Girls High Jump

5-01.00 QUAL

Name	Yr	School	Seed	Finals	Points
<b>Finals</b>					
1 Braun, Lexi	12	Wahpeton High School	4-10.00	4-11.00	10
2 Rutten, Anna	11	West Fargo High School	4-10.00	4-07.00	8
3 Garrett, Starr	08	Fargo North High School	4-06.00	4-03.00	6
--- Pollard, Rachel	10	Shanley High School	4-07.00	FAIL	
--- Carson, Grace	10	Shanley High School	4-05.00	FAIL	
--- Burmeister, Brooklyn	09	Fargo North High School	4-00.00	FAIL	

### Event 42 Girls Pole Vault

9-00.00 QUAL

Name	Yr	School	Seed	Finals	Points
<b>Finals</b>					
1 Andersson, April	10	West Fargo High School	10-10.00	10-00.00	QUAL 10
2 Zetocha, Jenny	10	Shanley High School	8-06.00	8-06.00	8
3 Carson, Grace	10	Shanley High School	8-06.00	7-06.00	5.50
3 Pollard, Rachel	10	Shanley High School	8-06.00	7-06.00	5.50
5 Sather, Megan	10	West Fargo High School	6-06.00	7-00.00	4
6 Asplin, Kaylee	12	Fargo North High School	7-00.00	6-06.00	3
--- Miller, Hattie	09	Wahpeton High School	6-06.00	FAIL	
--- Stangeland, Erin	07	Fargo North High School		FAIL	
--- Volk, Haylee	07	Fargo North High School		FAIL	

### Event 43 Girls Long Jump

16-08.00 QUAL

Name	Yr	School	Seed	Finals	Points
<b>Finals</b>					
1 Braun, Jordyn	09	Wahpeton High School	14-02.00	16-07.00	10
2 Zetocha, Jenny	10	Shanley High School	14-03.00	13-11.00	8
3 Lingwall, Abi	09	Wahpeton High School	13-04.00	13-02.00	6
4 Nestler, Chenise	10	Shanley High School	13-00.00	11-08.00	5
--- Ames, Laura	09	Wahpeton High School	13-02.00	FOUL	
--- Larson, Kelsey	11	Fargo North High School	17-10.00	FOUL	
--- Breuer, Alyssa	12	Wahpeton High School	13-01.00	FOUL	

### Event 44 Girls Triple Jump

34-06.00 QUAL

Name	Yr	School	Seed	Finals	Points
<b>Finals</b>					
1 Braun, Lexi	12	Wahpeton High School		32-11.00	10
2 Braun, Jordyn	09	Wahpeton High School	30-04.00	30-10.00	8
3 Schradick, Hannah	11	Wahpeton High School		30-01.00	6
4 Lingwall, Abi	09	Wahpeton High School	26-08.00	28-01.00	5
--- Ames, Laura	09	Wahpeton High School	24-07.00	FOUL	
--- Zetocha, Jenny	10	Shanley High School	30-00.00	FOUL	

### Event 45 Girls Discus Throw

## North High 5 Invitational Track & Field Meet

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### Results

#### 118-00 QUAL

Name	Yr	School	Seed	Finals	Points
<b>Finals</b>					
1 Johnson, Katie	12	Fargo North High School	126-06	121-00.00	QUAL 10
2 Witt-Thomas, Rejean	12	Fargo North High School	124-06	119-01.00	QUAL 8
3 Brekkestran, Maria	10	West Fargo High School	109-07	102-01.00	6
4 Hummel, Alyssa	11	West Fargo High School	97-11	101-05.00	5
5 Lopez, Mia	09	Fargo North High School	107-10	97-04.00	4
6 Mann, Andrea	11	Fargo North High School	106-03	96-10.00	3
7 Selisker, Blake	11	West Fargo High School	89-10	88-06.00	2
8 Barry, Allison	12	Fargo North High School	84-04	81-09.00	1
9 Berg, Kathryn	12	Fargo North High School	70-00	77-05.00	
10 Cook, Cassie	09	Fargo North High School	58-00	70-09.00	
11 Berg, Emily	09	Fargo North High School	65-10	66-06.00	
12 Schefter, Megan	11	Fargo North High School	69-09	63-01.00	
--- Pillen, Cassie	09	West Fargo High School	51-01	FOUL	
--- Burrer, Morgan	09	Wahpeton High School	70-00	FOUL	

#### Event 46 Girls Javelin Throw

#### 115-00 QUAL

Name	Yr	School	Seed	Finals	Points
<b>Finals</b>					
1 Janssen, Dona	12	Fargo North High School	118-09	96-06.50	10
2 Schefter, Megan	11	Fargo North High School	92-11	90-08.00	8
3 Lopez, Mia	09	Fargo North High School		85-06.00	6
4 Redmann, Kaylee	12	Fargo North High School	93-08	84-07.00	5
5 Brekkestran, Maria	10	West Fargo High School	83-07	82-08.50	4
6 Veit, Anna	09	Shanley High School	71-07	80-07.00	3
7 Lawrence, Christina		Shanley High School	70-00	75-00.50	2
8 Goughnour, Molly	09	Fargo North High School	81-08	73-10.00	1
9 Barry, Allison	12	Fargo North High School	78-07	70-00.00	
10 Berg, Emily	09	Fargo North High School	72-08	69-06.00	
11 Little, Alex	09	Shanley High School		51-05.00	
12 Cook, Cassie	09	Fargo North High School	45-02	35-08.00	

#### Event 47 Girls Shot Put

#### 35-06.00 QUAL

Name	Yr	School	Seed	Finals	Points
<b>Finals</b>					
1 Johnson, Katie	12	Fargo North High School	41-02.00	39-00.50	QUAL 10
2 Lopez, Mia	09	Fargo North High School	37-03.00	35-03.00	8
3 Hummel, Alyssa	11	West Fargo High School	35-07.00	35-02.00	6
4 Mann, Andrea	11	Fargo North High School	32-11.00	34-02.00	5
5 Witt-Thomas, Rejean	12	Fargo North High School	33-11.00	34-00.50	4
6 Brekkestran, Maria	10	West Fargo High School	32-04.50	33-05.50	3
7 Selisker, Blake	11	West Fargo High School	32-07.00	30-04.00	2

#### Event 47 Girls Shot Put (continued)

#### 35-06.00 QUAL

Name	Yr	School	Seed	Finals	Points
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8 Berg, Emily	09 Fargo North High School	30-03.00	29-07.50	1
9 Berg, Kathryn	12 Fargo North High School	26-11.00	27-01.00	
10 Barry, Allison	12 Fargo North High School	25-10.00	26-05.50	
11 Schefter, Megan	11 Fargo North High School	25-06.00	26-00.00	
12 Kaeding, Molly	10 Shanley High School	24-01.50	23-03.00	
13 Cook, Cassie	09 Fargo North High School	23-11.00	23-02.00	

**Women - Team Rankings - 19 Events Scored**

1) West Fargo High School	308	2) Fargo North High School	164
3) Wahpeton High School	99	4) Shanley High School	58