

## 2009 Sertoma Track Meet - 4/14/2009

## Cushman Field, Grand forks

## Results

**Girls 100 Meter Dash**

Name	School	Finals	
<b>Finals</b>			
1 Knoell, Caitln	GF Red River	12.94	10
2 Shabb, Carolyn	GF Red River	13.14	8
3 Denne, Sarah	West Fargo	13.54	6
4 Sistad, Erin	West Fargo	13.54	5
5 Weiszhaar, Krista	West Fargo	13.54	4
6 Levin, Amanda	West Fargo	13.74	3
7 Lund, Sydney	GF Central	13.74	2
8 Vig, Vanessa	West Fargo	14.04	1
9 Weiland, Ashley Check #	GF Red River	14.14	
10 Hollingworth, Andrea	GF Red River	14.14	
11 Wade, Kenzie	Devils Lake	14.24	
12 Mertens, Stephanie	Devils Lake	14.34	
13 Simonson, Olivia	GF Red River	14.44	
14 Deck, Erin	GF Red River	14.44	
15 Osowski, Abby	GF Central	14.54	
16 Grabanski, Laura	GF Red River	14.64	
17 Jorgensen, Kally	GF Red River	14.64	
18 Bridgeford, Briana	GF Central	14.74	
19 Jorgensen, Jana	GF Red River	14.74	
20 Eisenzimmer, Kasi	Devils Lake	14.84	
21 Kamara, Matenah	GF Red River	15.04	
22 Paul, Cryina	Shanley	15.04	
23 Schmaltz, Jessica	West Fargo	15.04	
24 Jensen, Mary	GF Red River	15.14	
24 Thingelstad, Laura	GF Central	15.14	
26 Peterson, Taylor	GF Central	15.24	
27 Olson, Hannah	GF Central	15.24	
28 Hoffart, Dana	Shanley	15.34	
29 Spies, Tara	GF Red River	15.34	
30 Warner, Ashleigh	GF Central	15.34	
31 Schemioneck, Alexis	Devils Lake	15.44	
32 Simonson, Sophi	Shanley	15.54	
33 Samson, Anna	West Fargo	15.54	
34 Herman, Rochelle	Devils Lake	15.74	
35 Lockett, Mary	GF Central	15.94	
36 Berard, Beth	West Fargo	15.94	
37 Brown, Samantha	West Fargo	16.04	
38 Tran, Amy	West Fargo	16.34	
39 Stewart, Morgan	GF Central	16.94	

**Girls 200 Meter Dash**

Name	School	Finals	
<b>Finals</b>			
1 Knoell, Caitln	GF Red River	27.54	10
2 Denne, Sarah	West Fargo	27.64	8
3 Levin, Amanda	West Fargo	28.24	6
4 Sistad, Erin	West Fargo	28.24	5
5 Weiszhaar, Krista	West Fargo	28.64	4
6 Todhunter, Rachel	GF Red River	29.04	3
7 Gavere, Katie	GF Central	29.14	2
8 Larson, Brooke	GF Red River	29.24	1
9 Vig, Vanessa	West Fargo	29.64	

10 Carew, Nicole	Shanley	29.94	
11 Weiland, Ashley Check #	GF Red River	30.14	
12 Sabol, Colie	GF Red River	30.44	
13 Deck, Erin	GF Red River	30.54	
14 Robinson, Jasmine	GF Red River	30.74	
15 Martin, Kenzie	Devils Lake	31.10	
16 Kamara, Matenah	GF Red River	31.74	
17 Warner, Ashleigh	GF Central	31.84	
18 Hoffart, Dana	Shanley	31.94	
19 Rustebakke, Carly	GF Red River	32.04	
20 Schemioneck, Alexis	Devils Lake	32.14	
21 Paul, Cryina	Shanley	32.24	
22 Altman, Bailey	GF Central	32.54	
23 Samson, Anna	West Fargo	32.64	
24 Peterson, Taylor	GF Central	32.74	
24 Pike, Hanna	Devils Lake	32.74	
26 Simonson, Sophi	Shanley	32.84	
26 Schmaltz, Jessica	West Fargo	32.84	
26 Eckman, Paris	Shanley	32.84	
29 Berard, Beth	West Fargo	33.74	
30 Christian, Abby	GF Red River	34.05	
31 Brown, Samantha	West Fargo	34.14	
32 Thorsen, Katie	GF Red River	34.74	
33 Lockett, Mary	GF Central	34.94	
33 Tran, Amy	West Fargo	34.94	
35 Stewart, Morgan	GF Central	37.14	

**Girls 400 Meter Dash**

Name	School	Finals	
<b>Finals</b>			
1 McLeod, Erin	GF Red River	1:01.64	10
2 Wysocki, Erin	GF Red River	1:04.04	7
2 Barta, Allison	West Fargo	1:04.04	7
4 Strand, Annika	GF Red River	1:04.44	5
5 Todhunter, Rachel	GF Red River	1:04.84	4
6 Jordan, Julia	Shanley	1:06.74	2.5
6 Vig, Vanessa	West Fargo	1:06.74	2.5
8 Stoley, Megan	GF Red River	1:08.74	1
9 Steffan, Erin	Devils Lake	1:10.24	
10 Lund, Sydney	GF Central	1:10.44	
11 Perry, Taylor	West Fargo	1:12.64	
12 Samson, Anna	West Fargo	1:14.44	
13 Schlieve, Tracy	Devils Lake	1:14.94	
14 Peterson, Taylor	GF Central	1:15.54	
15 Schmaltz, Jessica	West Fargo	1:15.64	
16 Kamara, Matenah	GF Red River	1:15.74	
17 Elshaug, Hannah	Devils Lake	1:16.64	
18 Hoffart, Dana	Shanley	1:17.44	

**Girls 800 Meter Run**

Name	School	Finals	
<b>Finals</b>			
1 Lindsay, Jessica	GF Central	2:32.04	10
2 Ronkowski, Katie	GF Red River	2:34.84	8
3 Ferry, Maggi	GF Red River	2:35.94	6
4 Stoppler, Kaitlyn	West Fargo	2:39.04	5

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## Results

**Finals ... (Girls 800 Meter Run)**

Name	School	Finals
5 Olson, Alyssa	West Fargo	2:40.04 4
6 Ray, Taylor	GF Central	2:45.24 3
7 Grooters, Brooke	West Fargo	2:45.54 2
8 Rivard, Sadie	Shanley	2:45.84 1
9 Conneran, Kelsey	GF Red River	2:47.24
10 Schroeder, Alicia	West Fargo	2:49.24
11 Lindsay, Ali	GF Central	2:51.34
12 Medal, Kaitlin	GF Central	2:51.44
13 Nelson, Megan	West Fargo	2:52.74
14 Pike, Hanna	Devils Lake	2:52.84
15 Parr, Chenelle	West Fargo	2:53.14
16 Jensen, Mary	GF Red River	2:55.14
17 Smith, Maddie	Shanley	2:58.34
18 Grant, Emma	West Fargo	3:01.44
19 Rortvedt, Brianna	West Fargo	3:05.94
20 Caldwell-Rutter, Aly	GF Central	3:08.14
21 Sharief, Samantha	GF Central	3:08.84
22 Walsh, Brenda	GF Red River	3:09.04
23 Uhrich, Jewel	GF Red River	3:11.54
24 Millspough, Jaye	GF Central	3:24.64

**Girls 1600 Meter Run**

Name	School	Finals
<b>Finals</b>		
1 Bucholz, Britny	West Fargo	5:41.84 10
2 Rosenau, Jessica	West Fargo	5:44.24 8
3 Fee, Rebecca	GF Central	5:47.84 6
4 Stoppler, Kaitlyn	West Fargo	5:59.44 5
5 Grooters, Brooke	West Fargo	6:00.64 4
6 Reiter, Ashley	West Fargo	6:01.74 3
7 Schroeder, Alicia	West Fargo	6:07.44 2
8 Backlund, Alex	Shanley	6:08.54 1
9 Lysne, Krista	Devils Lake	6:10.34
10 Erickson, Jennifer	GF Central	6:13.34
11 Brown, Hanna	GF Central	6:17.14
12 Hartl, Mackenzie	Devils Lake	6:17.84
13 Baumler, Taylor	Shanley	6:24.64
14 Parr, Chenelle	West Fargo	6:27.94
15 Medal, Kaitlin	GF Central	6:29.04
16 Lindsay, Ali	GF Central	6:29.84
17 Bunde, Brittany	GF Central	6:31.84
18 Grant, Emma	West Fargo	6:42.74
19 Rortvedt, Brianna	West Fargo	6:44.84
20 Caldwell-Rutter, Aly	GF Central	6:44.94
21 Conneran, Christina	GF Red River	6:48.54
22 Bollingberg, Kaitlyn	GF Red River	6:52.74
23 Smith, Maddie	Shanley	7:01.74
24 Millspough, Jaye	GF Central	7:15.04
25 Sharief, Samantha	GF Central	7:26.74

**Girls 3200 Meter Run**

Name	School	Finals
<b>Finals</b>		
1 Mears, Alissa	West Fargo	11:42.14 10

2 Baltezare, Christine	West Fargo	12:25.94 8
3 Sand, Jaclyn	GF Central	12:48.84 6
4 Knowski, Jaclynn	Devils Lake	13:06.34 5
5 McMillan, Lauren	GF Central	13:37.94 4
6 Bunde, Brittany	GF Central	13:59.84 3
7 Petty, Paige	GF Central	14:32.64 2

**Girls 100 Meter Hurdles**

Name	School	Finals
<b>Finals</b>		
1 Grooters, Ellie	West Fargo	14.84 10
2 Larson, Brooke	GF Red River	17.54 8
3 Gustafson, Jill	West Fargo	17.74 6
4 Robinson, Jasmine	GF Red River	18.44 4.5
4 Smith, Alicia	GF Central	18.44 4.5
6 Dick, Mikaela	Devils Lake	18.50 3
7 Kratochvil, Katie	GF Central	19.04 2
8 Thingelstad, Laura	GF Central	19.24 1
9 Waite, Sadie	West Fargo	19.54
10 Haaven, Megan	GF Red River	19.74
11 Hollingworth, Andrea	GF Red River	19.84
12 Deck, Erin	GF Red River	20.14
13 Tellinghuisen, Katy	West Fargo	21.64
14 Belcourt, Amanda	West Fargo	22.14
15 Christian, Abby	GF Red River	22.64
16 Schlaugen, Therese	West Fargo	22.84
16 Ames, Jill	GF Red River	22.84
18 Spies, Tara	GF Red River	23.14
18 Altman, Bailey	GF Central	23.14

**Girls 300 Meter Hurdles**

Name	School	Finals
<b>Finals</b>		
1 Grooters, Ellie	West Fargo	44.04 10
2 Gustafson, Jill	West Fargo	51.34 8
3 Zeitvogel, Ashley	GF Red River	52.44 6
4 Smith, Alicia	GF Central	52.64 5
5 Dick, Mikaela	Devils Lake	53.54 4
6 Robinson, Jasmine	GF Red River	54.64 2.5
6 Haaven, Megan	GF Red River	54.64 2.5
8 Kratochvil, Katie	GF Central	56.84 1
9 Johnson, Malayia	West Fargo	57.04
10 Waite, Sadie	West Fargo	58.44
11 Tellinghuisen, Katy	West Fargo	59.24
12 Altman, Bailey	GF Central	1:01.04
13 Rustebakke, Carly	GF Red River	1:01.34
14 Hintz, Abbey	Devils Lake	1:02.04
15 Schlaugen, Therese	West Fargo	1:03.54
16 Byzewski, Angie	GF Central	1:12.64

**Girls 4x100 Meter Relay**

Team	Relay	Finals
<b>Finals</b>		
1 Grand Forks Red River	A	52.54 10
1) McLeod, Erin	2) Larson, Brooke	
3) Knoell, Caitln	4) Shabb, Carolyn	

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## Results

**Finals ... (Girls 4x100 Meter Relay)**

Team	Relay	Finals	
2 West Fargo	A	53.34	8
1) Sistad, Erin	2) Denne, Sarah		
3) Levin, Amanda	4) Capouch, Becky		
3 GF Central	A	54.54	6
1) Gavere, Katie	2) Lindsay, Jessica		
3) Novotny, Kari	4) Lund, Sydney		
4 Devils Lake	A	57.14	4
1) Wade, Kenzie	2) Hintz, Abbey		
3) Mertens, Stephanie	4) Greening, Alicia		
5 Grand Forks Red River	B	x58.34	
1) Deck, Erin	2) Gourneau, Nicole		
3) Rustebakke, Carly	4) Hollingworth, Andrea		
6 Devils Lake	B	x58.74	
1) Eisenzimmer, Kasi	2) Lange, Skylar		
3) Sebelius, Ashley	4) Larson, Krissy		
7 Grand Forks Red River	C	x59.84	
1) Jorgensen, Kally	2) Thorsen, Katie		
3) Haaven, Megan	4) Spies, Tara		

**Girls 4x200 Meter Relay**

Team	Relay	Finals	
<b>Finals</b>			
1 Grand Forks Red River	A	1:50.54	10
1) McLeod, Erin	2) Wysocki, Erin		
3) Larson, Brooke	4) Shabb, Carolyn		
2 West Fargo	A	1:50.64	8
1) Sistad, Erin	2) Denne, Sarah		
3) Levin, Amanda	4) Capouch, Becky		
3 Devils Lake	B	1:56.34	6
1) Pike, Hanna	2) Elshaug, Hannah		
3) Sebelius, Ashley	4) Steffan, Erin		
4 GF Central	A	1:56.94	4
1) Gavere, Katie	2) Novotny, Kari		
3) Kratochvil, Katie	4) Lindsay, Jessica		
5 Devils Lake	A	x2:02.14	
1) Greening, Alicia	2) Wade, Kenzie		
3) Larson, Krissy	4) Hintz, Abbey		

**Girls 4x400 Meter Relay**

Team	Relay	Finals	
<b>Finals</b>			
1 West Fargo	A	4:07.64	10
1) Capouch, Becky	2) Grooters, Ellie		
3) Hermanson, Leah	4) Mears, Alissa		
2 GF Central	A	4:16.24	8
1) Fee, Rebecca	2) Gavere, Katie		
3) Lindsay, Jessica	4) Novotny, Kari		
3 Grand Forks Red River	A	4:33.24	6
1) Wysocki, Erin	2) Shabb, Carolyn		
3) Todhunter, Rachel	4) McLeod, Erin		
4 Grand Forks Red River	B	x4:36.54	
1) Robinson, Jasmine	2) Strand, Annika		
3) Stoley, Megan	4) Zeitvogel, Ashley		

5 Devils Lake	B	4:42.94	4
1) Lysne, Krista	2) Widmar, Randi		
6 Shanley High School	A	4:47.04	2
1) Jordan, Julia	2) Eckman, Paris		
3) Simonson, Sophi	4) Carew, Nicole		
7 Grand Forks Red River	C	x5:03.24	
1) Jensen, Mary	2) Allen, Kristen		
3) Uhrich, Jewel	4) Kamara, Matenah		

**Girls 4x800 Meter Relay**

Team	Relay	Finals	
<b>Finals</b>			
1 West Fargo	A	10:17.76	10
1) Baltezare, Christine	2) Hermanson, Leah		
3) Reiter, Ashley	4) Mears, Alissa		
2 Grand Forks Red River	A	10:49.51	8
1) Stoley, Megan	2) Ferry, Maggi		
3) Conneran, Kelsey	4) Ronkowski, Katie		
3 Devils Lake	B	11:01.00	6
1) Steffan, Erin	2) Olson, Mallory		
3) Knowski, Jaclynn	4) Larson, Krissy		
4 GF Central	A	11:02.36	4
1) Sand, Jaclyn	2) McMillan, Lauren		
3) Ray, Taylor	4) Brown, Hanna		
5 Devils Lake	A	x11:06.00	
1) Hartl, Mackenzie	2) Lysne, Krista		
3) Widmar, Randi	4) Olson, Kelly		
6 Shanley High School	A	11:10.52	2
1) Backlund, Alex	2) Baumler, Taylor		
3) Carew, Nicole	4) Rivard, Sadie		
7 Grand Forks Red River	B	x12:31.00	
1) Allen, Kristen	2) Uhrich, Jewel		
3) Walsh, Brenda	4) Conneran, Christina		

**Girls High Jump**

Name	School	Finals	
<b>Finals</b>			
1 Grooters, Ellie	West Fargo	5-05.00	10
2 Greening, Alicia	Devils Lake	5-03.00	8
3 Elshaug, Hannah	Devils Lake	4-07.00	5.5
3 Widmar, Randi	Devils Lake	4-07.00	5.5
5 Cowley, Alexis	West Fargo	4-05.00	4
6 Sebelius, Ashley	Devils Lake	4-05.00	3
7 Conneran, Kelsey	GF Red River	4-05.00	2
8 Wade, Taylor	Devils Lake	4-03.00	1
9 Strand, Annika	GF Red River	4-01.00	
9 Jordan, Julia	Shanley	4-01.00	
9 Bollingberg, Kaitlyn	GF Red River	4-01.00	
9 Tran, Amy	West Fargo	4-01.00	
9 Eckman, Paris	Shanley	4-01.00	
--- Byzewski, Angie	GF Central	NH	
--- Letzring, Kayla	GF Central	NH	
--- Rutten, Anna	West Fargo	NH	
--- Cox, Amber	West Fargo	NH	
--- Thorsen, Katie	GF Red River	NH	
--- Wade, Kenzie	Devils Lake	NH	

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## Results

**Finals ... (Girls High Jump)**

Name	School	Finals
--- Mertens, Stephanie	Devils Lake	NH

**Girls Pole Vault**

Name	School	Finals
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**Finals**

1 Novotny, Kari	GF Central	10-00.00	10
2 Zeitvogel, Ashley	GF Red River	9-06.00	8
3 Sather, Megan	West Fargo	8-00.00	6
4 Greening, Alicia	Devils Lake	7-06.00	5
5 Eisenzimmer, Kasi	Devils Lake	7-00.00	4
6 Johansen, Nichole	Devils Lake	7-00.00	3
7 Warner, Ashleigh	GF Central	7-00.00	2
8 Olson, Mallory	Devils Lake	6-00.00	1
--- Rustebakke, Carly	GF Red River	NH	
--- Bridgeford, Briana	GF Central	NH	
--- Osowski, Abby	GF Central	NH	
--- Grabanski, Laura	GF Red River	NH	
--- Ray, Taylor	GF Central	NH	
--- Ames, Jill	GF Red River	DQ	
--- Zetocha, Jenny	Shanley	DQ	
--- Bushee, Brianna	GF Central	DQ	
--- Biscotti, Amber	GF Central	DQ	

**Girls Long Jump**

Name	School	Finals
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**Finals**

1 Sabol, Colie	GF Red River	14-05.00	10
2 Barta, Allison	West Fargo	14-04.50	8
3 Dufault, Brianna	GF Red River	14-04.00	6
4 Jorgensen, Jana	GF Red River	13-11.00	5
5 Dick, Mikaela	Devils Lake	13-10.50	4
6 Smith, Alicia	GF Central	13-07.00	3
7 Jorgensen, Kally	GF Red River	13-03.00	2
8 Conneran, Kelsey	GF Red River	13-02.00	1
9 Lange, Skylar	Devils Lake	12-10.50	
10 Smith, Maddie	Shanley	12-10.00	
11 Haaven, Megan	GF Red River	12-09.00	
12 Gourneau, Nicole	GF Red River	12-08.00	
13 Warner, Ashleigh	GF Central	12-06.50	
14 Sebelius, Ashley	Devils Lake	12-03.00	
14 Baumler, Taylor	Shanley	12-03.00	
16 Wade, Taylor	Devils Lake	11-09.00	
17 Thorsen, Katie	GF Red River	11-08.50	
18 Lund, Sydney	GF Central	11-07.50	
18 Paul, Cryina	Shanley	11-07.50	
20 Ames, Jill	GF Red River	11-05.00	
21 Olson, Hannah	GF Central	11-01.50	
22 Weiland, Ashley Check #	GF Red River	11-00.50	
23 MacNaughton, Ashley	GF Central	11-00.00	
24 Asche, Emily	GF Red River	10-10.50	
25 Herman, Rochelle	Devils Lake	10-07.00	
26 Stewart, Morgan	GF Central	10-06.50	
27 Petty, Paige	GF Central	10-06.00	
28 Zetocha, Jenny	Shanley	10-03.50	

29 Lockett, Mary	GF Central	10-02.00	
30 Lysne, Krista	Devils Lake	9-08.50	
31 Millspaugh, Jaye	GF Central	8-05.00	
--- Bushee, Brianna	GF Central	ND	
--- Larson, Krissy	Devils Lake	ND	
--- Green, Sara	Shanley	ND	
--- Martin, Kenzie	Devils Lake	ND	
--- Weymier, Katie	GF Red River	ND	
--- Burkholder, Jessica	GF Red River	ND	
--- Widmar, Randi	Devils Lake	ND	
--- Elshaug, Hannah	Devils Lake	ND	
--- Wade, Kenzie	Devils Lake	ND	
--- Wang, Autumn	Devils Lake	ND	

**Girls Triple Jump**

Name	School	Finals
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**Finals**

1 Dufault, Brianna	GF Red River	32-00.50	10
2 Asche, Emily	GF Red River	30-09.00	8
3 Sabol, Colie	GF Red River	30-08.00	6
4 Barta, Allison	West Fargo	29-08.00	5
5 Kratochvil, Katie	GF Central	28-01.00	4
6 Johansen, Nichole	Devils Lake	28-00.00	3
7 Smith, Alicia	GF Central	27-06.00	2
8 Sebelius, Ashley	Devils Lake	27-01.00	1
9 Olson, Hannah	GF Central	25-01.00	
--- Elshaug, Hannah	Devils Lake	ND	
--- Green, Sara	Shanley	ND	
--- Zetocha, Jenny	Shanley	ND	
--- Burkholder, Jessica	GF Red River	ND	
--- Wade, Taylor	Devils Lake	ND	
--- Jorgensen, Kally	GF Red River	ND	

**Girls Shot Put**

Name	School	Finals
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**Finals**

1 Reeves, Cherae	West Fargo	36-08.00	10
2 Brekkestran, Maria	West Fargo	36-03.00	8
3 Iseminger, Candyce	GF Central	35-09.00	6
4 Hummel, Alyssa	West Fargo	34-04.00	5
5 Simpson, Kayla	GF Central	34-00.00	4
6 Dahl, Cass	GF Red River	32-07.00	3
7 Storstad, Megan	GF Red River	31-08.50	2
8 Brandt, Jennifer	Devils Lake	30-08.50	1
9 Ferry, Erin	GF Red River	29-05.00	
10 Reich, Kate	GF Red River	28-05.00	
11 Johnson, Alyssa	GF Central	28-03.00	
12 Evers, Emily	GF Red River	28-00.50	
13 Schafer, Sarah	Devils Lake	27-03.00	
14 Lorenz, Londyn	West Fargo	26-07.00	
15 Cole, Heather	GF Central	26-02.00	
16 Farroh, Caitlin	GF Central	25-08.00	
17 Campbell, Megan	GF Red River	25-00.00	
18 Knowski, Josie	Devils Lake	23-05.50	
18 Pederson, Courtney	West Fargo	23-05.50	
20 Veit, Anna	Shanley	22-01.00	

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## Results

**Finals ... (Girls Shot Put)**

Name	School	Finals
21 Fick, Anna	GF Red River	20-08.50
22 Martin, Rebecca	GF Central	19-03.00
--- Church, Ali	GF Central	ND
--- Prozinski, Haley	Devils Lake	ND
--- Pillen, Cassie	West Fargo	ND

**Girls Discus Throw**

Name	School	Finals
<b>Finals</b>		
1 Iseminger, Candyce	GF Central	113-09 10
2 Brekkestran, Maria	West Fargo	106-00 8
3 Storstad, Megan	GF Red River	96-02 6
4 Simpson, Kayla	GF Central	93-02 5
5 Ferry, Erin	GF Red River	83-07 4
6 Evers, Emily	GF Red River	81-03 3
7 Hummel, Alyssa	West Fargo	79-06 2
8 Schafer, Sarah	Devils Lake	75-01 1
9 Brandt, Jennifer	Devils Lake	73-01
10 Lorenz, Londyn	West Fargo	69-11
11 Reeves, Cherae	West Fargo	64-02
12 Veit, Anna	Shanley	60-06
13 Johnson, Alyssa	GF Central	60-00
14 Farroh, Caitlin	GF Central	56-09
15 Martin, Rebecca	GF Central	55-03
16 Knowski, Josie	Devils Lake	52-00
17 Reich, Kate	GF Red River	50-06
18 Cole, Heather	GF Central	50-04
19 Fick, Anna	GF Red River	50-03.50
20 Pederson, Courtney	West Fargo	49-06
21 Campbell, Megan	GF Red River	48-03
22 Simonson, Olivia	GF Red River	47-08
--- Prozinski, Haley	Devils Lake	ND
--- Pillen, Cassie	West Fargo	ND
--- Dahl, Cass	GF Red River	ND

**Girls Javelin Throw**

Name	School	Finals
<b>Finals</b>		
1 Asche, Emily	GF Red River	114-00.50 10
2 Storstad, Megan	GF Red River	110-01 8
3 Steffen, Jordyn	GF Red River	91-00 6
4 Campbell, Megan	GF Red River	86-03 5
5 Erickson, Jennifer	GF Central	84-01 4
6 Brandt, Jennifer	Devils Lake	82-07 3
7 Evers, Emily	GF Red River	79-00 2
8 Ferry, Erin	GF Red River	78-00 1
9 Eisenzimmer, Kasi	Devils Lake	77-08
10 Brekkestran, Maria	West Fargo	72-06
11 Weiszhaar, Krista	West Fargo	70-02
12 Fick, Anna	GF Red River	68-02
13 Farroh, Caitlin	GF Central	67-03
14 Reeves, Cherae	West Fargo	66-04
15 Veit, Anna	Shanley	65-10
16 Knowski, Josie	Devils Lake	64-06

17 Simonson, Olivia	GF Red River	62-02
18 Reich, Kate	GF Red River	59-06
19 Schafer, Sarah	Devils Lake	48-08
20 Martin, Rebecca	GF Central	48-01
20 Byzewski, Angie	GF Central	48-01
22 Pederson, Courtney	West Fargo	45-06
23 Lorenz, Londyn	West Fargo	43-08
--- Iseminger, Candyce	GF Central	ND
--- Carew, Nicole	Shanley	ND
--- Green, Sara	Shanley	ND
--- Dahl, Cass	GF Red River	ND
--- Berard, Beth	West Fargo	ND
--- Prozinski, Haley	Devils Lake	ND
--- Pillen, Cassie	West Fargo	ND

**Boys 100 Meter Dash**

Name	School	Finals
<b>Finals</b>		
1 Gefroh, Tyler	GF Red River	11.14 10
2 Prout, Ben	GF Red River	11.24 8
3 Solum, Luke	West Fargo	11.34 6
4 Dingle, Chris	GF Red River	11.34 5
5 Gibson, Brandon	West Fargo	11.44 4
6 Spacek, Alex	West Fargo	11.44 3
7 Gibson, Justin	West Fargo	11.64 2
8 Pope, Elby	GF Red River	11.74 1
9 Ford, Casey	GF Central	11.74
9 Christianson, Kendal	Devils Lake	11.74
9 Jensen, Kole	Devils Lake	11.74
12 Kuehn, Billy	West Fargo	11.84
13 Lulut, Diang	West Fargo	11.94
13 Ferry, Logan	GF Red River	11.94
13 Lee, Eugene	Shanley	11.94
16 Hollingworth, Nathan	GF Red River	12.04
17 Mugavero, Dominic	West Fargo	12.14
17 Siverson, Shane	West Fargo	12.14
17 Null, Dustin	West Fargo	12.14
20 Anderson, Travis	GF Red River	12.24
20 Griffin, Cody	GF Red River	12.24
22 Solum, Adam	West Fargo	12.44
22 Padilla, Luis	GF Red River	12.44
22 Carlson, Jon	GF Central	12.44
22 Schulz, Colton	West Fargo	12.44
26 Ostern, Tyler	West Fargo	12.64
26 Beauclair, David	Shanley	12.64
26 Kochman, Andrew	Shanley	12.64
29 Reardon, Jason	Devils Lake	12.74
29 Unger, Sam	GF Red River	12.74
29 Goering, Chad	GF Central	12.74
32 Morken, Reilly	Devils Lake	12.82
33 Larson, Nick	West Fargo	12.84
33 Dalziel, Quinn	Devils Lake	12.84
33 Windjue, Adam	Devils Lake	12.84
36 Wirkus, Ben	GF Red River	12.94
36 Baker, Connor	Devils Lake	12.94
36 Johnson, Ben	GF Red River	12.94

## 2009 Sertoma Track Meet - 4/14/2009

## Cushman Field, Grand forks

## Results

**Finals ... (Boys 100 Meter Dash)**

Name	School	Finals
39 Savageau, Ben	Shanley	13.04
39 Rex, Alex	Shanley	13.04
39 Thomas, Ransi	West Fargo	13.04
39 Mathews, Glen	GF Red River	13.04
43 Kitchens, Alex	Devils Lake	13.14
44 Cornell, Matt	GF Central	13.24
45 Kautzman, Jacob	Shanley	13.34
45 Pavlichek, Justin	GF Red River	13.34
47 Spencer, Brady	GF Central	13.44
47 Lepird, Levi	West Fargo	13.44
49 Buth, Mark	Shanley	13.54
50 Olson, Kenny	Devils Lake	13.64
51 McKelvey, Seth	Devils Lake	13.74
51 Niles, Alex	Shanley	13.74
53 Ntaate, Allan	West Fargo	13.84
53 Lee, Joe	GF Red River	13.84
55 Aviles, Kelvin	GF Central	13.94
56 Carpenter, Ben	GF Red River	14.04
56 Prochniak, Matt	West Fargo	14.04
58 Myhre, Nathan	Devils Lake	14.44
59 Zetocha, Josh	Shanley	14.54
60 Buchmeier, Brett	Devils Lake	14.74
61 Howard, Zach	Devils Lake	14.94

**Boys 200 Meter Dash**

Name	School	Finals
1 Todhunter, Ryan	GF Red River	22.84 10
2 Prout, Ben	GF Red River	23.34 8
3 Gibson, Justin	West Fargo	23.44 6
4 Gibson, Brandon	West Fargo	23.54 5
5 Spacek, Alex	West Fargo	23.64 4
6 Schober, Matt	GF Red River	24.14 3
7 Kuehn, Billy	West Fargo	24.34 2
8 Hillen, Shane	West Fargo	24.54 1
9 Null, Dustin	West Fargo	24.64
10 Siverson, Shane	West Fargo	24.74
11 Mugavero, Dominic	West Fargo	25.04
12 Lee, Eugene	Shanley	25.23
13 Ferry, Logan	GF Red River	25.24
13 Parks, Grant	GF Central	25.24
15 Norton, Evan	GF Red River	25.34
16 Hollingworth, Nathan	GF Red River	25.64
17 McGregor, Brett	GF Central	25.74
18 Solum, Adam	West Fargo	25.84
18 Schulz, Colton	West Fargo	25.84
18 Carlson, Jon	GF Central	25.84
18 Wolf, Josh	Shanley	25.84
22 Dalziel, Quinn	Devils Lake	25.94
22 Lulut, Diang	West Fargo	25.94
22 Allard, David	Devils Lake	25.94
25 Evers, Jimmy	GF Red River	26.14
25 Karaz, Dave	Shanley	26.14
27 Thompson, Navy	GF Red River	26.24

27 Morken, Reilly	Devils Lake	26.24
27 Osowski, Ryan	GF Red River	26.24
30 Padilla, Luis	GF Red River	26.25
31 Mohammed, Said	GF Red River	26.34
32 Wicken, Tyler	GF Red River	26.44
33 Desai, Sam	Devils Lake	26.54
33 Larson, Nick	West Fargo	26.54
35 Windjue, Adam	Devils Lake	26.64
36 Mathews, Glen	GF Red River	26.84
37 Wirkus, Ben	GF Red River	27.04
38 Thomas, Ransi	West Fargo	27.14
39 Pavlichek, Justin	GF Red River	27.24
40 Reardon, Jason	Devils Lake	27.44
41 Cornell, Matt	GF Central	27.54
41 Erickstad, Ben	Devils Lake	27.54
41 Kitchens, Alex	Devils Lake	27.54
44 Carpenter, Ben	GF Red River	27.64
45 Kautzman, Jacob	Shanley	27.74
46 Buth, Mark	Shanley	27.84
46 Lepird, Levi	West Fargo	27.84
48 Eckes, Dwane	Devils Lake	28.24
49 Aviles, Kelvin	GF Central	28.44
50 Spencer, Brady	GF Central	28.54
50 Rex, Alex	Shanley	28.54
52 Ntaate, Allan	West Fargo	28.64
53 Prochniak, Matt	West Fargo	29.14
54 Ziggelman, Austin	GF Central	29.24
54 Niles, Alex	Shanley	29.24
56 Waterworth, Taylor	West Fargo	29.74
57 Gjestvang, Taylor	West Fargo	29.84
57 Christianson, Grant	Shanley	29.84
59 Clouse, Jacob	Devils Lake	29.94
60 Buchmeier, Brett	Devils Lake	30.34
61 Zetocha, Josh	Shanley	30.64
62 Stormon, Aric	West Fargo	31.44
63 Howard, Zach	Devils Lake	31.54
64 O'Conner, Shaun	GF Central	32.54

**Boys 400 Meter Dash**

Name	School	Finals
1 Loehr, Matt	GF Red River	52.24 10
2 Kuehn, Billy	West Fargo	53.24 8
3 Schober, Matt	GF Red River	53.34 6
4 Hillen, Shane	West Fargo	53.84 5
5 Wolf, Josh	Shanley	54.54 4
6 Thompson, Navy	GF Red River	55.04 3
7 Burns, Tom	GF Central	55.14 2
8 Waind, Chris	GF Red River	56.54 1
9 White, Ciaran	GF Central	56.64
10 Beauclaire, David	Shanley	58.04
11 Glennen, Brady	GF Red River	58.14
12 Roche, Conor	GF Red River	58.44
13 Good, Tommy	Devils Lake	58.94
14 Soro, Victor	West Fargo	1:00.36
15 Clemetson, Jake	GF Central	1:00.64

## 2009 Sertoma Track Meet - 4/14/2009

## Cushman Field, Grand forks

## Results

**Finals ... (Boys 400 Meter Dash)**

Name	School	Finals
16 Savageau, Ben	Shanley	1:00.84
17 Cote, Ian	Devils Lake	1:00.85
18 Desai, Sam	Devils Lake	1:01.14
19 Allard, David	Devils Lake	1:01.94
20 Kautzman, Jacob	Shanley	1:03.34
20 Cornell, Matt	GF Central	1:03.34
22 Spencer, Brady	GF Central	1:03.54
23 Myhre, Brandon	Devils Lake	1:03.94
24 Schaefer, Blake	West Fargo	1:04.04
25 Buth, Mark	Shanley	1:04.74
26 Mohr, Patrick	Devils Lake	1:05.74
27 Aviles, Kelvin	GF Central	1:05.92
28 Reardon, Jason	Devils Lake	1:06.24
28 Myhre, Nathan	Devils Lake	1:06.24
30 Christianson, Grant	Shanley	1:07.34
31 Ziggelman, Austin	GF Central	1:08.84
32 Dalziel, Quinn	Devils Lake	1:10.04
33 Davis, Matt	GF Red River	1:11.54
34 Zetocha, Josh	Shanley	1:12.14
35 Stormon, Aric	West Fargo	1:12.84
36 Demarais, Justin	Devils Lake	1:15.94

**Boys 800 Meter Run**

Name	School	Finals
1 Torrey, Mike	GF Central	2:04.84 10
2 Betz, Aaron	Devils Lake	2:06.64 8
3 Shafer, Paul	GF Central	2:07.34 6
4 Black, Isaac	GF Red River	2:14.94 5
5 Sanner, Brady	GF Red River	2:15.94 4
6 Baltezare, Darin	West Fargo	2:18.74 3
7 Lappe, Chris	GF Central	2:21.04 2
8 Bernhardson, Adam	GF Red River	2:22.74 1
9 Gerszewski, Justin	GF Central	2:26.64
10 Ullness, Cody	GF Red River	2:27.44
11 Rustad, Brody	West Fargo	2:29.23
12 Stack, Steven	GF Red River	2:29.64
13 Christen, Brady	GF Red River	2:37.94
14 Hingst, Chad	Shanley	2:40.14
15 Sharief, Nick	GF Central	2:40.94
16 Mitchell, CJ	GF Central	2:49.14
17 Qualley, Riley	GF Central	2:50.44
18 Griggs, Dustin	GF Central	2:51.64
19 Hudson, Nick	GF Central	2:55.44
20 Startz, Seb	Shanley	2:56.44
21 Ajjimaporn, Pann	GF Central	2:56.74

**Boys 1600 Meter Run**

Name	School	Finals
1 Harlow, Shane	GF Central	4:44.64 10
2 Shafer, Paul	GF Central	4:52.94 8
3 Salter, Scott	West Fargo	5:00.64 6
4 Mack, Travis	Devils Lake	5:00.94 5

5 Hanson, Josh	West Fargo	5:02.44 4
6 Francios, Habimana	GF Red River	5:05.74 3
7 Rosales, Johnny	GF Red River	5:10.44 2
8 Baltezare, Darin	West Fargo	5:12.24 1
9 Savageau, Chris	Shanley	5:28.74
10 Carlson, Jordan	GF Red River	5:29.24
11 Burris, Tyler	GF Red River	5:36.04
12 Olson, Zach	GF Red River	5:38.04
13 Christen, Brady	GF Red River	5:43.74
14 Pederson, Tyler	Shanley	5:46.54
15 Startz, Thomas	Shanley	5:48.14
16 Sharief, Nick	GF Central	5:48.24
17 Houska, Ben	GF Central	5:52.14
18 Qualley, Riley	GF Central	6:19.44
19 Hudson, Nick	GF Central	6:20.14
20 Mitchell, CJ	GF Central	6:21.14
21 Griggs, Dustin	GF Central	6:30.14
22 Startz, Seb	Shanley	6:30.24
23 Ajjimaporn, Pann	GF Central	6:30.74
24 Gjestvang, Taylor	West Fargo	6:41.64

**Boys 3200 Meter Run**

Name	School	Finals
1 Uetz, Spencer	West Fargo	9:56.84 10
2 Gehrig, Jamison	West Fargo	10:09.24 8
3 Harlow, Shane	GF Central	10:11.34 6
4 Mendee, Francis	GF Red River	10:33.74 5
5 Fisher, Tom	GF Central	10:51.44 4
6 Alfonso, Owen	Devils Lake	10:52.04 3
7 Torrey, Alex	GF Central	11:36.84 2
8 Kraft, Zach	GF Central	11:51.00 1
9 Pederson, Tyler	Shanley	11:52.74

**Boys 110 Meter Hurdles**

Name	School	Finals
1 Todhunter, Ryan	GF Red River	14.34 10
2 Bothun, Chris	GF Red River	15.14 8
3 Gjestvang, Jay	West Fargo	17.14 6
4 McCreary, Matt	GF Central	17.34 5
5 Shabb, Ben	GF Red River	17.64 4
6 Hollingworth, Nathan	GF Red River	18.34 3
7 Plutowski, Kellen	GF Red River	18.84 1.5
7 Osowski, Ryan	GF Red River	18.84 1.5
9 Evers, Jimmy	GF Red River	19.24
10 Brooks, Michael	GF Central	21.52
11 Mohan, Chris	West Fargo	21.74
12 Keller, Jeffrey	West Fargo	22.54
13 Foster, Cameron	GF Central	23.14
13 Repak, Alan	West Fargo	23.14
15 Jahnke, Nathan	West Fargo	24.64

## 2009 Sertoma Track Meet - 4/14/2009

## Cushman Field, Grand forks

## Results

## Boys 300 Meter Hurdles

Name	School	Finals	
<b>Finals</b>			
1 Todhunter, Ryan	GF Red River	40.24	10
2 Schmidt, Ger	GF Central	42.54	8
3 McCreary, Matt	GF Central	43.64	6
4 Shabb, Ben	GF Red River	44.14	4.5
4 Gjestvang, Jay	West Fargo	44.14	4.5
6 Bothun, Chris	GF Red River	45.84	3
7 Plutowski, Kellen	GF Red River	46.54	2
8 Evers, Jimmy	GF Red River	47.54	1
9 Norton, Evan	GF Red River	47.64	
10 Brooks, Michael	GF Central	48.24	
11 Osowski, Ryan	GF Red River	48.34	
12 Foster, Cameron	GF Central	52.64	
13 Eckes, Dwane	Devils Lake	53.64	
14 Mohan, Chris	West Fargo	54.04	
15 Keller, Jeffrey	West Fargo	55.14	
16 Repak, Alan	West Fargo	58.74	
17 Jahnke, Nathan	West Fargo	1:00.74	

## Boys 4x100 Meter Relay

Team	Relay	Finals	
<b>Finals</b>			
1 Grand Forks Red River	A	43.64	10
1) Prout, Ben	2) Todhunter, Ryan		
3) Dingle, Chris	4) Gefroh, Tyler		
2 West Fargo	A	44.14	8
1) Hillen, Shane	2) Solum, Luke		
3) Gibson, Brandon	4) Gibson, Justin		
3 GF Central	A	45.64	6
1) Ford, Casey	2) White, Ciaran		
3) Dukes, Ossie	4) Parks, Grant		
4 Grand Forks Red River	B	x46.54	
1) Mohammed, Said	2) Evers, Jimmy		
3) Wirkus, Ben	4) Ferry, Logan		
5 GF Central	B	x46.94	
1) Goering, Chad	2) Burns, Tom		
3) McGregor, Brett	4) Brooks, Michael		
6 Devils Lake	A	47.04	4
1) Jenson, Kole	2) Christianson, Kendal		
3) Morken, Reilly	4) Dalziel, Quinn		
7 Devils Lake	B	x52.74	
1) Eckes, Dwane	2) Nelson, Austin		
3) Myhre, Nathan	4) McKelvey, Seth		

## Boys 4x200 Meter Relay

Team	Relay	Finals	
<b>Finals</b>			
1 Grand Forks Red River	A	1:32.34	10
1) Schober, Matt	2) Loehr, Matt		
3) Dingle, Chris	4) Gefroh, Tyler		
2 West Fargo	A	1:35.34	8
1) Hillen, Shane	2) Solum, Luke		
3) Kuehn, Billy	4) Gibson, Justin		

3 GF Central	A	1:37.54	6
1) McCreary, Matt	2) Torrey, Mike		
3) Dukes, Ossie	4) Burns, Tom		
4 GF Central	B	x1:38.94	
1) White, Ciaran	2) Ford, Casey		
3) Parks, Grant	4) Schmidt, Ger		
5 Devils Lake	A	1:42.54	4
1) Jenson, Kole	2) Windjue, Adam		
3) Crawford, Calvin	4) Allard, David		
6 Devils Lake	B	x1:50.14	
1) Cote, Ian	2) Dalziel, Quinn		
3) Reardon, Jason	4) Kitchens, Alex		
--- Grand Forks Red River	B		DQ
1) Norton, Evan	2) Osowski, Ryan		
3) Padilla, Luis	4) Glennen, Brady		

## Boys 4x400 Meter Relay

Team	Relay	Finals	
<b>Finals</b>			
1 Grand Forks Red River	A	3:34.44	10
1) Schober, Matt	2) Dingle, Chris		
3) Gefroh, Tyler	4) Loehr, Matt		
2 GF Central	A	3:39.94	8
1) Torrey, Mike	2) Schmidt, Ger		
3) Burns, Tom	4) McCreary, Matt		
3 West Fargo	A	3:45.24	6
1) Siverson, Shane	2) Null, Dustin		
3) Gjestvang, Jay	4) Kroke, Jake		
4 Grand Forks Red River	B	x3:48.84	
1) Hickle, Alex	2) Thompson, Navy		
3) Norton, Evan	4) Bothun, Chris		
5 Grand Forks Red River	C	x3:54.04	
1) Glennen, Brady	2) Ferry, Logan		
3) Roche, Conor	4) Padilla, Luis		
6 GF Central	C	x3:56.04	
1) Lappe, Chris	2) Shafer, Paul		
3) Lennon, Cody	4) Duquette, Will		
7 Devils Lake	A	3:58.64	4
1) Crawford, Calvin	2) Desai, Sam		
3) Good, Tommy	4) Mack, Travis		
8 GF Central	B	x4:02.54	
1) White, Ciaran	2) McGregor, Brett		
3) Ford, Casey	4) Gerszewski, Justin		
9 West Fargo	B	x4:03.54	
1) Schulz, Colton	2) Spacek, Alex		
3) Lulut, Diang	4) Prochniak, Matt		
10 Shanley High School	A	4:08.54	2
1) Beauclaire, David	2) Tupa, Jacob		
3) Karaz, Dave	4) Wolf, Josh		
11 West Fargo	C	x4:09.24	
1) Solum, Adam	2) Larson, Nick		
3) Ntaate, Allan	4) Lepird, Levi		
12 Devils Lake	B	x4:15.34	
1) Bertsch, Chris	2) Erickstad, Ben		
3) Cote, Ian	4) Buchmeier, Brett		

## 2009 Sertoma Track Meet - 4/14/2009

## Cushman Field, Grand forks

## Results

**Boys 4x800 Meter Relay**

Team	Relay	Finals
<b>Finals</b>		
1 West Fargo	A	8:32.66 10
1) Gehrig, Jamison	2) Kroke, Jake	
3) Hanson, Josh	4) Uetz, Spencer	
2 Grand Forks Red River	A	8:49.86 8
1) Rosales, Johnny	2) Mendee, Francis	
3) Black, Isaac	4) Waind, Chris	
3 Grand Forks Red River	B	x9:01.22
1) Sanner, Brady	2) Bernhardson, Adam	
3) Carlson, Jordan	4) Koppang, Zach	
4 GF Central	A	9:09.18 6
1) Fisher, Tom	2) Gerszewski, Justin	
3) Torrey, Alex	4) Lappe, Chris	
5 Devils Lake	A	9:26.00 4
1) Alfonso, Owen	2) Mack, Travis	
3) Myhre, Brandon	4) Good, Tommy	
6 GF Central	B	x9:58.12
1) McGregor, Brett	2) Kraft, Zach	
3) Lennon, Cody	4) Kobilansky, Caleb	
7 Shanley High School	A	10:15.94 2
1) Pederson, Tyler	2) Tupa, Jacob	
3) Hingst, Chad	4) Savageau, Chris	

**Boys High Jump**

Name	School	Finals
<b>Finals</b>		
1 Pope, Elby	GF Red River	5-08.00 10
2 Salter, Adam	West Fargo	5-08.00 8
3 Plutowski, Kellen	GF Red River	5-06.00 6
4 Althoff, Austin	West Fargo	5-06.00 5
5 Mugavero, Dominic	West Fargo	5-06.00 4
6 Ratzlaff, Dustin	Devils Lake	5-02.00 2.5
6 Suppa, Jesse	West Fargo	5-02.00 2.5
8 Kobilansky, Caleb	GF Central	5-00.00 0.1
8 Fisher, Tom	GF Central	5-00.00 0.1
8 Schuler, Alex	Devils Lake	5-00.00 0.1
8 Kerlin, Jesse	Devils Lake	5-00.00 0.1
8 Mohammed, Said	GF Red River	5-00.00 0.1
8 Kovarik, Tyler	West Fargo	5-00.00 0.1
8 Johnson, Josh	GF Red River	5-00.00 0.1
8 Griffin, Cody	GF Red River	5-00.00 0.1
8 Schaefer, Blake	West Fargo	5-00.00 0.1
8 Salter, Scott	West Fargo	5-00.00 0.1
9 Shafer, Paul	GF Central	5-00.00
9 Mesteth, Rogan	GF Central	5-00.00
--- McKelvey, Seth	Devils Lake	NH
--- Bertsch, Chris	Devils Lake	NH
--- Cote, Ian	Devils Lake	NH
--- Nelson, Austin	Devils Lake	NH
--- Schill, Kyle	Devils Lake	NH
--- Niles, Alex	Shanley	NH
--- Boehm, Levi	West Fargo	NH
--- McLaren, Lucas	GF Central	NH

---	Meagher, Nick	GF Red River	NH
---	Burris, Tyler	GF Red River	NH
---	Davis, Matt	GF Red River	NH
---	Lee, Joe	GF Red River	NH

**Boys Pole Vault**

Name	School	Finals
<b>Finals</b>		
1 Karaz, Dave	Shanley	12-08.00 10
2 Bachmeier, Levi	West Fargo	11-06.00 8
3 Meagher, Nick	GF Red River	11-00.00 6
4 Helten, Britt	Devils Lake	10-06.00 5
5 Baker, Connor	Devils Lake	10-06.00 4
6 Alfonso, Aidan	Devils Lake	10-00.00 3
7 Mesteth, Rogan	GF Central	9-06.00 1.5
7 Torrey, Alex	GF Central	9-06.00 1.5
9 Hofmann, Zac	West Fargo	9-00.00
10 Clouse, Jacob	Devils Lake	8-00.00
10 Myhre, Nathan	Devils Lake	8-00.00
10 Ericson, Brian	GF Red River	8-00.00
10 Luong, Charlie	West Fargo	8-00.00
10 Gruba, Zach	GF Red River	8-00.00
---	Morken, Rielly	Devils Lake NH
---	Christianson, Grant	Shanley NH
---	Nelson, Casey	GF Red River NH
---	Lee, Joe	GF Red River NH
---	Mohr, Patrick	Devils Lake NH
---	Myhre, Brandon	Devils Lake NH

**Boys Long Jump**

Name	School	Finals
<b>Finals</b>		
1 Pope, Elby	GF Red River	19-03.00 10
2 Prout, Ben	GF Red River	19-00.00 8
3 Marek, Dayton	GF Red River	18-00.00 6
4 Torrey, Andrew	GF Central	17-11.00 5
5 Williams, Nick	West Fargo	17-10.00 4
6 Goering, Chad	GF Central	17-06.00 3
7 Nelson, Austin	Devils Lake	17-01.50 2
8 Thomas, Ransi	West Fargo	16-09.50 1
9 Hollingworth, Nathan	GF Red River	16-07.00
10 Mohammed, Said	GF Red River	16-04.00
11 Mugavero, Dominic	West Fargo	16-03.00
12 Glennen, Brady	GF Red River	16-01.00
13 Kobilansky, Caleb	GF Central	15-09.50
14 Olson, Kenny	Devils Lake	15-08.50
15 Kovarik, Tyler	West Fargo	15-02.00
16 McKelvey, Seth	Devils Lake	15-00.00
17 Carpenter, Ben	GF Red River	14-11.50
18 Ullness, Cody	GF Red River	14-10.50
19 Buth, Mark	Shanley	14-10.00
20 Ziggelman, Austin	GF Central	14-09.00
21 Hanson, Matt	GF Red River	14-08.50
22 Cornell, Matt	GF Central	14-07.50
23 Griffin, Cody	GF Red River	14-06.50
23 Suppa, Jesse	West Fargo	14-06.50

## 2009 Sertoma Track Meet - 4/14/2009

## Cushman Field, Grand forks

## Results

## Finals ... (Boys Long Jump)

Name	School	Finals
25 Kochman, Andrew	Shanley	14-05.00
26 Unger, Sam	GF Red River	14-01.00
27 Schuler, Alex	Devils Lake	13-10.00
28 Rex, Alex	Shanley	13-09.50
29 Kerlin, Jesse	Devils Lake	13-08.00
30 Kautzman, Jacob	Shanley	12-10.00
31 Foster, Cameron	GF Central	12-07.00
32 O'Conner, Shaun	GF Central	11-10.50
33 Lee, Joe	GF Red River	11-09.50
--- Schill, Kyle	Devils Lake	ND
--- Ratzlaff, Dustin	Devils Lake	ND
--- Reardon, Jason	Devils Lake	ND
--- Spacek, Alex	West Fargo	ND
--- Erickstad, Ben	Devils Lake	ND
--- Solum, Luke	West Fargo	ND
--- Desai, Sam	Devils Lake	ND
--- Boehm, Levi	West Fargo	ND
--- Clemetson, Jake	GF Central	ND
--- Thompson, Navy	GF Red River	ND
--- Dukes, Ossie	GF Central	ND
--- McLaren, Lucas	GF Central	ND
--- Adams, Carrington	GF Central	ND
--- Christianson, Kendal	Devils Lake	ND
--- Siverson, Shane	West Fargo	ND
--- Allard, David	Devils Lake	ND
--- Althoff, Austin	West Fargo	ND
--- Schaefer, Blake	West Fargo	ND

## Boys Triple Jump

Name	School	Finals
1 Dukes, Ossie	GF Central	41-03.00 10
2 Hickle, Alex	GF Red River	40-00.00 8
3 Meagher, Nick	GF Red River	38-02.50 6
4 Salter, Adam	West Fargo	37-06.00 5
5 Hofmann, Zac	West Fargo	37-05.00 4
6 Marek, Dayton	GF Red River	36-07.50 3
7 Shabb, Ben	GF Red River	35-11.00 2
8 Goering, Chad	GF Central	35-08.00 1
9 Althoff, Austin	West Fargo	35-04.00
10 Johnson, Ben	GF Red River	34-11.00
11 Lee, Eugene	Shanley	34-09.00
12 Nelson, Austin	Devils Lake	33-11.00
13 Olson, Kenny	Devils Lake	33-08.50
14 Davis, Matt	GF Red River	33-04.50
15 Kobilansky, Caleb	GF Central	32-04.50
16 Griffin, Cody	GF Red River	32-00.00
17 Carpenter, Ben	GF Red River	31-09.00
18 Ratzlaff, Dustin	Devils Lake	31-08.50
19 Kerlin, Jesse	Devils Lake	30-10.00
20 Kochman, Andrew	Shanley	29-06.00
21 O'Conner, Shaun	GF Central	28-05.00

## Boys Shot Put

Name	School	Finals
1 Mammenga, Cody	West Fargo	53-09.00 10
2 Myrum, Dillon	Devils Lake	46-09.00 8
3 Kavli, Nathan	Devils Lake	46-04.00 6
4 Pryor, Jake	GF Red River	43-04.00 5
5 Marek, Spencer	GF Red River	42-09.00 4
6 Lee, Gentry	West Fargo	41-06.00 3
7 Okigbo, Kene	West Fargo	40-05.00 2
8 Berglund, Ryan	West Fargo	40-02.00 1
9 Coen-Tuff, Matt	GF Red River	39-00.00
10 Steinberger, Jared	West Fargo	38-10.00
11 Hegland, Lawrence	Devils Lake	38-09.00
12 Bunn, Tanner	GF Central	38-03.00
13 Herman, Mason	West Fargo	38-00.00
14 Jenkins, Josh	GF Central	36-11.00
15 Zahradka, Brandon	GF Central	36-06.00
16 Anderson, Garrett	West Fargo	35-03.00
17 Mahar, Evan	GF Red River	34-11.00
18 Larson, Nathan	Devils Lake	34-05.00
19 Fontaine, Alex	West Fargo	34-04.00
20 Winkler, Zach	GF Red River	34-03.00
21 McDonald, Alex	GF Central	33-05.00
22 Swiontek, Connor	Devils Lake	33-02.00
23 Galbreath, Joel	GF Red River	32-08.50
24 Borst, Tyler	GF Central	32-07.00
25 Krause, Mike	GF Central	32-00.00
25 Fontaine, Tanner	West Fargo	32-00.00
27 Rasmussen, Jordan	West Fargo	31-03.50
28 Proctor, Dillon	GF Red River	31-03.00
28 Kopp, Matthew	Devils Lake	31-03.00
30 Sommers, Chris	Devils Lake	31-02.00
30 German, Cory	Shanley	31-02.00
32 Ross, Tony	West Fargo	31-00.00
33 Lofgren, Ben	GF Central	30-02.00
34 Morken, Jon	West Fargo	29-11.00
35 Jurkic, Tony	GF Red River	29-10.00
36 Schneider, Eric	Devils Lake	29-08.00
37 Aasmundstad, Taylor	Devils Lake	29-03.50
38 Klaers, Kevin	West Fargo	29-02.00
38 Laufenberg, Tyler	West Fargo	29-02.00
40 Phillips, Ricky	GF Central	28-06.00
41 Liggett, Farin	Devils Lake	28-05.00
42 Saastad, Colton	Devils Lake	27-09.00
42 Barnes, Alex	West Fargo	27-09.00
44 Evenson, Brandon	GF Red River	27-07.00
45 Zettler, Mikkel	GF Central	26-01.00
46 Anderson, Brady	Shanley	25-02.00
47 Adam, Carson	Devils Lake	23-10.00
48 Baker, Cole	Devils Lake	23-07.50
49 Opitz, Chris	Shanley	23-01.50
--- Bull, Scott	Devils Lake	ND
--- Paine, Tanner	Devils Lake	ND
--- Grandstrand, Tatum	West Fargo	ND

## 2009 Sertoma Track Meet - 4/14/2009

## Cushman Field, Grand forks

## Results

**Finals ... (Boys Shot Put)**

Name	School	Finals
--- Clouse, Josh	Devils Lake	ND
--- Just, Dylan	West Fargo	ND
--- Montgomery, Ross	West Fargo	ND
--- Hoffner, Steven	Devils Lake	ND
--- Schmidt, Jared	Devils Lake	ND
--- Wahl, Mike	Devils Lake	ND

**Boys Discus Throw**

Name	School	Finals
<b>Finals</b>		
1 Kavli, Nathan	Devils Lake	130-03 10
2 Hickle, Alex	GF Red River	128-03 8
3 Malm, Jake	GF Red River	126-00 6
4 Berglund, Ryan	West Fargo	125-09 5
5 Grandstrand, Tatum	West Fargo	123-06 4
6 Lofgren, Ben	GF Central	117-03 3
7 Montgomery, Ross	West Fargo	113-08.50 2
8 McDonald, Alex	GF Central	113-08 1
9 Jenkins, Josh	GF Central	113-03
10 Bunn, Tanner	GF Central	112-08
11 Swiontek, Connor	Devils Lake	108-04
12 Hegland, Lawrence	Devils Lake	106-05
13 Mahar, Evan	GF Red River	105-09
14 Borst, Tyler	GF Central	101-05.50
15 Coen-Tuff, Matt	GF Red River	100-04.50
16 Steinberger, Jared	West Fargo	100-00
17 Johnson, Josh	GF Red River	98-07
18 Okigbo, Kene	West Fargo	98-05.50
19 Krause, Mike	GF Central	98-05
20 Winkler, Zach	GF Red River	97-00
21 Zahradka, Brandon	GF Central	94-05.50
22 Burdick, Steven	West Fargo	94-05
23 Clouse, Josh	Devils Lake	92-05
24 Sommers, Chris	Devils Lake	92-02
25 Fontaine, Alex	West Fargo	88-01
26 Morken, Jon	West Fargo	86-04
27 German, Cory	Shanley	83-08
28 Aasmundstad, Taylor	Devils Lake	79-05.50
29 Fontaine, Tanner	West Fargo	76-06.50
30 Ross, Tony	West Fargo	76-05
31 Kopp, Matthew	Devils Lake	76-04
32 Wicken, Tyler	GF Red River	70-09
33 Barnes, Alex	West Fargo	69-02.50
34 Herman, Mason	West Fargo	67-08
35 Laufenberg, Tyler	West Fargo	67-03
36 Anderson, Garrett	West Fargo	66-00
37 Evenson, Brandon	GF Red River	65-02
38 Phillips, Ricky	GF Central	64-01
39 Saastad, Colton	Devils Lake	63-02
40 Schneider, Eric	Devils Lake	61-07
41 Galbreath, Joel	GF Red River	57-00
42 Adam, Carson	Devils Lake	55-03
43 Anderson, Brady	Shanley	54-00
44 Klaers, Kevin	West Fargo	49-03

45 Baker, Cole	Devils Lake	46-05
46 Opitz, Chris	Shanley	46-02
--- Bull, Scott	Devils Lake	ND
--- Schmidt, Jared	Devils Lake	ND
--- Erickstad, Ben	Devils Lake	ND
--- Paine, Tanner	Devils Lake	ND
--- Brown, Ryan	Devils Lake	ND
--- Zettler, Mikkel	GF Central	ND
--- Marek, Spencer	GF Red River	ND
--- Proctor, Dillon	GF Red River	ND
--- Mammenga, Cody	West Fargo	ND
--- Just, Dylan	West Fargo	ND
--- Schuler, Alex	Devils Lake	ND
--- Liggett, Farin	Devils Lake	ND
--- Larson, Nathan	Devils Lake	ND
--- Jurkic, Tony	GF Red River	ND
--- Hoffner, Steven	Devils Lake	ND

**Boys Javelin Throw**

Name	School	Finals
<b>Finals</b>		
1 Malm, Jake	GF Red River	167-00 10
2 Hickle, Alex	GF Red River	147-08 8
3 Koppang, Zach	GF Red River	129-00 6
4 Mammenga, Cody	West Fargo	126-02 5
5 Myrum, Dillon	Devils Lake	122-05 4
6 Anderson, Travis	GF Red River	121-08 3
7 Brown, Ryan	Devils Lake	115-01 2
8 Mahar, Evan	GF Red River	114-02 1
9 Grandstrand, Tatum	West Fargo	112-08
10 Steinberger, Jared	West Fargo	111-08
11 Carlson, Jon	GF Central	105-04
12 Wolf, Josh	Shanley	104-09
13 Hingst, Chad	Shanley	103-00
14 Wicken, Tyler	GF Red River	100-00
15 Zettler, Mikkel	GF Central	99-02
16 Proctor, Dillon	GF Red River	98-02
17 Hanson, Matt	GF Red River	96-00
18 Montgomery, Ross	West Fargo	95-01
19 Johnson, Josh	GF Red River	93-11
20 Erickstad, Ben	Devils Lake	92-11
21 Beauclair, David	Shanley	89-07
22 Anderson, Garrett	West Fargo	89-00
23 Morken, Jon	West Fargo	88-00
24 Kopp, Matthew	Devils Lake	87-01
24 Lee, Gentry	West Fargo	87-01
26 Pryor, Jake	GF Red River	86-06
27 Fontaine, Tanner	West Fargo	86-05
28 Okigbo, Kene	West Fargo	84-07
29 Lofgren, Ben	GF Central	84-05
30 Sommers, Chris	Devils Lake	83-06
31 Herman, Mason	West Fargo	83-05
32 Klaers, Kevin	West Fargo	82-11
33 Schneider, Eric	Devils Lake	79-05
34 Nichols, Preston	Shanley	77-07
35 Jurkic, Tony	GF Red River	76-08

**2009 Sertoma Track Meet - 4/14/2009****Cushman Field, Grand forks****Results****Finals ... (Boys Javelin Throw)**

<b>Name</b>	<b>School</b>	<b>Finals</b>
36 Evenson, Brandon	GF Red River	69-03
37 Phillips, Ricky	GF Central	64-10
38 Aasmundstad, Taylor	Devils Lake	64-07
39 Fontaine, Alex	West Fargo	61-10
40 Burdick, Steven	West Fargo	58-04
41 Laufenberg, Tyler	West Fargo	58-03
42 Barnes, Alex	West Fargo	53-08
43 Adam, Carson	Devils Lake	51-11
--- Bull, Scott	Devils Lake	ND
--- Schuler, Alex	Devils Lake	ND
--- Baker, Cole	Devils Lake	ND
--- Schmidt, Jared	Devils Lake	ND
--- Just, Dylan	West Fargo	ND
--- Rasmussen, Jordan	West Fargo	ND
--- Zahradka, Brandon	GF Central	ND
--- Ross, Tony	West Fargo	ND
--- Berglund, Ryan	West Fargo	ND
--- Ericson, Brian	GF Red River	ND
--- Kolakovic, Damir	West Fargo	ND
--- Hoffner, Steven	Devils Lake	ND
--- Wahl, Mike	Devils Lake	ND
--- Liggett, Farin	Devils Lake	ND
--- Larson, Nathan	Devils Lake	ND
--- Bunn, Tanner	GF Central	ND
--- Clouse, Josh	Devils Lake	ND

**Women - Team Rankings - 19 Events Scored**

1) West Fargo	248.5
2) Grand Forks Red River	238.5
3) Grand Forks Central Knights	123.5
4) Devils Lake High School	81
5) Shanley High School	8.5

**Men - Team Rankings - 19 Events Scored**

1) Grand Forks Red River	287.8
2) West Fargo	194.3
3) Grand Forks Central Knights	122.2
4) Devils Lake High School	78.7
5) Shanley High School	18